

Station Break / Pause-indicatif

CBC Pensioners Association
Maritime Region Newsletter

Association des retraité(e)s de la SRC
Bulletin régional des Maritimes

Fall / automne 2018

PRESIDENT'S BULLETIN



Summer, now fall, and we are well on the way to the festive season. I'm pleased to report that all chapters had a good season. Most held lunches and other events. PEI did a BBQ which was a great success and Moncton had their annual lobster supper.

All chapters are now preparing for their Christmas dinners. So, please check the dates and times, and plan to join the group in your area. The Christmas celebrations information is on page 9.

Halifax will have its dinner on December 5th. All are most welcome.

In the Maritimes, Supplementary Health Care costs will see a small reduction. However, Moncton, which has a separate contract, will see a slight increase. There will also be a change in paramedical services. The present cap of \$950 goes up to \$1150. The pension Cost Of Living Allowance (COLA) will be applied in January and the COLA for 2019 will probably be 1.8% range. On the pension front, the plan is still doing very well. Debra Alves has retired as CEO. The plan is now in the hands of **Duncan Burrill**. He seems to be following the same successful methods of Debra. As of September, the plan was worth more than 6 billion dollars.

I'll take this opportunity to wish everyone a Happy Holiday Season and a wonderful 2019

John McKay
President

RAPPORT DU PRÉSIDENT

Été, maintenant l'automne, et nous sommes bien en route pour la période des fêtes. Je suis heureux de vous dire que toutes les sections ont connu une bonne saison. La plupart ont organisé des déjeuners et d'autres activités. Le barbecue de l'Île-du-Prince-Édouard a connu un franc succès et Moncton a tenu son souper annuel de homard.

Toutes les sections font maintenant les préparatifs pour leurs dîners de Noël. Alors, s'il vous plaît vérifier les dates et les heures de ces rencontres, et prévoyez vous joindre au groupe de votre région. Les informations sur les fêtes de Noël se trouvent à la page 9.

Halifax aura son dîner le 5 décembre. Tous sont les bienvenues.

Dans les Maritimes, les frais du régime d'assurance-maladie complémentaire connaîtront une légère baisse. Par contre, Moncton, qui a son propre contrat, verra ses primes augmenter légèrement. Il y aura également un changement dans les services paramédicaux. Le plafond annuel pour ceux-ci sera augmenté de 950 \$ à 1 150 \$. La prestation de l'indemnité de vie chère (IVC) sera ajoutée à nos pensions en janvier et sera d'environ 1,8 % pour 2019. Du côté des pensions, le plan se porte très bien. La présidente du Conseil des pensions Debra Alves a pris sa retraite. Le plan repose maintenant entre les mains de **Duncan Burrill** qui semble suivre le même trajectoire réussi que Debra. En date de septembre, le plan avait une valeur de plus de 6 milliards de \$.

Je profite de l'occasion pour souhaiter à chacun et à chacune de joyeuses fêtes de fin d'année et une nouvelle année remplie de bonheur en 2019.

John McKay

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Christmas Dinner arrangements are on page 9.

SPECIAL REPORT

Geoff Turnbull

Mission: Possible

The challenge for our association is now clear: we need to bring in new members so we can continue to function as the voice for CBC retirees.

That means we sit at the table with CBC management, with the Pension Board, with other superannuation organizations.

We work for the good of all CBC retirees, whether they are members of the association or not. But there is a catch: The CBC requires proof that we represent at least 50 per cent of all pensioners if we want to sit at those tables.

Some people balk at paying the dues. (FYI it's only 0.32%, or between 5 and 8 bucks a month for most people.) Some think we are a union (we're not). Some go away mad and want nothing to do with the CBC again (we're NOT the CBC, even though we all worked there once.)

Because of the work of the people who founded this body, pensioners got a big cheque from the pension fund surplus 20 years ago. We also became covered by the CBC's Employee Assistance Plan, which provides counseling on health, financial, physical and other issues. We can access the Special Assistance Fund. The list goes on.

Yet we have been losing members for several months now. At the end of October, the regional membership had slid to 464 retirees and surviving spouses. We had news of two deaths in the past month alone.

YOUR MISSION, if you choose to accept it: sign up a new member, either someone who has just retired or someone who hasn't joined yet.

To convince them, if they need convincing: **IT IS NOW POSSIBLE**. Our very able fund managers are pushing the pension fund into surplus territory. Last time this happened we formed this association to fight for a share of the surplus.

This time let's try to remember we're all in it together. Sign up someone today.

RAPPORT SPÉCIAL

Geoff Turnbull

Défi: Possible

Le défi de notre association est maintenant clair: il faut trouver de nouveaux membres afin de continuer d'être la voix de tous les retraités de la SRC/CBC.

Cela signifie que nous siégeons à la table de la direction de la SRC/CBC, du Conseil de la caisse de retraite et des autres organismes de retraite.

Nous travaillons pour ^{assurer} le bien-être de tous les retraité, qu'ils soient membres de l'association ou non. Mais il y a un problème : la SRC/CBC exige une preuve que nous représentons au moins 50 pour cent de tous les retraités si nous voulons siéger à ces tables.

Certaines personnes hésitent à payer les cotisations. (Pour votre info, c'est seulement 0,32 % soit entre 5 et 8 \$ par mois pour la plupart des gens.) Certains pensent que nous sommes un syndicat (ce qui est faux). Il y a en a d'autres qui sont partis furieux et désenchantés ne voulant rien avoir à faire avec la SRC/CBC (nous ne sommes PAS la SRC/CBC, même si nous étions autrefois des employés).

Grâce au travail des personnes qui ont fondé cette association, les retraités ont reçu un gros chèque du surplus du fonds de la Caisse de retraite, il y a une vingtaine d'années de cela. Nous avons également été admis au Programme d'aide aux employés de la SRC/CBC qui offre des conseils sur des questions de santé, financières, physiques et autres. Nous avons accès au Fonds d'aide spéciale. Et la liste continue.

Mais il n'en reste pas moins que nous perdons des membres depuis plusieurs mois maintenant. À la fin octobre, l'effectif régional avait baissé à 464 membres et veufs ou veuves. Par exemple, nous avons pris connaissance du décès de deux membres le mois dernier.

VOTRE MISSION, si vous choisissez de vous engager, est de trouver un nouveau membre, soit un nouveau retraité ou un qui tarde à joindre l'association.

Pour les convaincre, s'ils en ont besoin : C'EST MAINTENANT POSSIBLE. Nos gestionnaires très compétents poussent le fonds de pension en territoire excédentaire. La dernière fois que cela s'est produit, nous avons formé cette association pour nous battre afin d'obtenir une part du surplus.

Tâchons de nous rappeler que nous faisons tous partie du même groupe. Recrutons un membre aujourd'hui.

Cette fois, rappelons-nous qu'ensemble nous pouvons! Allons recruter un nouveau membre aujourd'hui.

A Progress Report from Moncton

Editors' Note: The Moncton Chapter set up a committee in late 2015 that brainstormed to find the names on non-members. The Chapter sent out a letter to the non-members it had identified and followed up with a telephone call. A reconstituted committee has now taken up the challenge. Here is that original letter:

NDLR: À la fin de 2015, la section de Moncton avait mandaté un comité de trouver les noms des non-membres. Après les avoir identifiés, la section leur avait fait parvenir cette lettre qui a été suivie d'un appel téléphonique. Un comité reconstitué relève maintenant ce défi. Voici le texte de la lettre originale :

I am writing you today (January 25th, 2016 /) as president of the local chapter of the *CBC Pensioners National Association*.

I do so because the association needs you: it is the one and only group that officially represents CBC's retirees. Is this important? Yes, because it is our association that negotiates agreements that can improve our situation and protect our acquired rights.

For example, our association is presently part of a coalition representing 65,000 retired federal employees who are against possible changes to our pension plan. These changes would see us go from a defined pension plan to a shared risk plan, a change that could lead to a reduction in our benefits.

This is but one example of the questions on which the association is working. In addition to this, the local chapter organizes social activities such as luncheons, a Christmas supper, and a lobster party to allow us to keep in touch or renew acquaintances with former colleagues.

There are 249 CBC and Radio-Canada retirees in the province, but only 158 (63.5%) are members of the association. Membership has many advantages, but most of all, it gives us a stronger negotiating voice.

Our web site at www.cbcpensioners.ca will give you an overview of the services our association offers. Membership is only 0.32% of a member's gross pension payment and is tax deductible. On the average, that's less than \$10.00 a month considering how important it is to defend our interests.

If you have any questions, feel free to contact me by phone or e-mail.

donald Langis, president Moncton chapter Res: (506) 859-4453 e-mail : donald.langis@gmail.com

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Je vous écris aujourd'hui (le 25 janvier 2016) à titre de président de la section locale de *l'Association nationale des retraités de la SRC*.

Cette association a besoin de tous et toutes les retraités : elle est le seul et unique groupe officiellement reconnu comme le représentant des retraité.e.s de Radio-Canada.

Est-ce important ? Oui, parce que c'est notre association qui négocie les ententes susceptibles d'améliorer notre situation ou encore à protéger nos acquis.

Par exemple, notre association fait présentement partie d'une coalition de 65,000 fonctionnaires fédéraux à la retraite qui s'opposent à un changement possible à notre régime de retraite. Ce changement nous verrait passer d'un régime à prestations définies à un régime à risque partagé, ce qui pourrait mener à une baisse de nos prestations.

Ce n'est qu'un exemple des dossiers qui retiennent l'attention de notre association. Mais en plus de s'occuper de dossiers, la section locale organise des activités sociales telles les déjeuners-conférence, le souper de Noël et le party au homard, ce qui permet de maintenir ou de renouer des liens d'amitié avec d'ancien.ne.s collègues de travail.

Notre province compte 249 retraité.e.s de Radio-Canada et de la CBC dont 158 (63.5%) sont membres de l'association. Nous serions heureux de vous compter parmi nous puisque le nombre de membres est un facteur important dans toute négociation.

Notre site web au www.retraitessrc.ca vous permettra de prendre connaissance des services offerts par notre association. Le coût d'adhésion est de 0,32% du montant brut de la pension et est déductible de l'impôt. Cela représente en moyenne moins de 10\$ par mois compte tenu de l'importance de défendre nos intérêts.

Je suis disponible pour répondre à vos questions. N'hésitez pas à communiquer avec moi par courriel ou par téléphone.

Donald Langis, président section de Moncton domicile: (506) 859-4453 portable : (506) 381-8836
courriel : donald.langis@gmail.com

Les activités automnales ont pris leur envol avec une réunion de planification du bureau de direction à la mi-septembre suivie d'un déjeuner à la mi-octobre. Notre invité pour cette occasion était la présidente du comité provincial du programme *Lire pour lire Acadie*, Odette Albert.

Lancé en septembre 2009, ce programme vise à donner le goût de lire à des enfants qui n'ont peut-être pas été initiés à la lecture. En quelques mots, des bénévoles choisissent des livres appropriés puis passent une trentaine de minutes avec des petits groupes de 5 ou 6 enfants de la maternelle à la deuxième année. Il y a 10 rencontres de lecture par semestre. Depuis ses débuts, le programme n'a cessé de croître : entre 120 et 125 bénévoles sont présents dans 100 classes réparties dans 20 écoles. Pour devenir bénévole, envoyer un courriel à l'adresse suivante : lireetfairelireacadie@yahoo.ca

Une de nos membres, l'ancienne directrice régionale de Radio-Canada Acadie, Louise Imbeault, est devenue la neuvième chancelière de l'Université de Moncton lors d'une cérémonie d'installation qui a eu lieu le 17 octobre.

Deux autres activités sont à l'horaire cet automne : le prochain déjeuner aura lieu le mercredi 21 novembre au restaurant Swiss Chalet à Dieppe tandis que le souper de Noël aura lieu le jeudi 6 décembre au Curl Moncton, 80, av. Lockhart. Accueil à 17 h suivi du repas à 18 h. Réserver au plus tard le lundi 3 décembre en communiquant avec Ronald Cormier au (506) 383-8563 ou par courriel à rcormier8563@rogers.com. Prix : 15 \$ pour les membres et leurs conjointes ou partenaires et 30 \$ pour les non-membres.

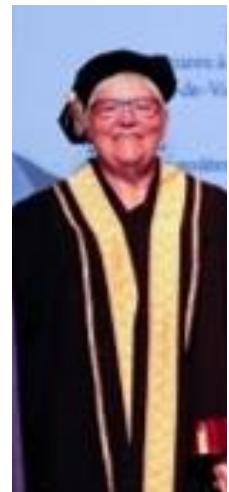
Moncton – Fall – 2017

Fall activities have resumed with an executive committee planning session in mid-September and a luncheon in mid-October. Our guest for the first luncheon was Odette Allard, president of the *Lire et faire lire Acadie* provincial committee.

Launched in September 2009, this program's aims to get Francophone children interested in reading although they may never have read a book. Briefly, volunteers choose an appropriate book and then spend some 30 minutes with groups of 5 or 6 children from kindergarten to the second year. There are 10 reading sessions in each semester. The program continues to grow: between 120 and 125 volunteers are now present in 100 classrooms in 20 schools. More volunteers are needed to answer the demand. The group can be reached by email at lireetfairelireacadie@yahoo.ca.

One of our members, the former Radio-Canada Acadie regional manager, Louise Imbeault, has been installed as the Université de Moncton's ninth chancellor. The installation ceremony was held on October 17th.

Two more activities will take place this Fall: the next luncheon is scheduled for Wednesday, November 21 at the Swiss Chalet restaurant in Dieppe while the Christmas supper takes place on Thursday December 6th, at Curl Moncton, 90 Lockhart Avenue. Meet and greet at 5:00 p.m. followed by supper at 6:00 p.m. Reservations must be made no later than Monday, December 3rd by calling Ronald Cormier at 383-8563 or by email to rcormier8563@rogers.com. Price: \$15 for members and their spouses or partners and \$30 for non-members.



Louise
Imbeault

Charlottetown

PEI REPORT

Ian Petrie

There were many stories and fond memories when former CBC PEI staffers met for a pre-Christmas lunch last December. Plans are underway to do it again this year. It will be similar to what we did last year with exact time and place to be determined in the next week. Island pensioners should keep an eye on their emails for information.

Like last year, it will be an opportunity to get information on the pension plan, health benefits, and other assistance offered by the Pensioner's Association. If anyone has specific questions or information they need, please email Kathy or Ian. Email addresses are at the bottom of this report.

There are some important developments coming out of this Fall's Board of Director's meeting. Doug Kirkaldy went from this region and reports that Health costs will be similar next year to what's being paid now, and that there is an effort to "fix" the issue of "marriage after retirement" benefits. We'll have up to date information at the December luncheon.

Hope to see you there,

Ian Petrie (peipete@hotmail.com)

Kathy Large (largekathy22@gmail.com)

Sydney

CAPE BRETON REPORT

Bill Doyle

CBC pensioners spent a quiet summer and fall here in Cape Breton. Most of us got by with no power outages.

We continue our efforts to have someone from CBC radio attend a meeting and tell us when listeners in Cape Breton to CBC Music – formerly CBC Radio 2 – might start hearing regular weekday programming from 6 a.m. to 9 a.m. Right now, it carries Information Morning from CBC Cape Breton, as does the regular CBC Radio 1 signal and a nested FM signal.

Our fall meeting takes place at the usual location, the Royal Canadian Legion, 99 Midgley Drive, Westmount, on Thursday, November 22. It starts at 2:00 p.m.

Our Christmas dinner takes place on Thursday, December 6, at the Holiday Inn, Esplanade in Sydney. It starts at 6:00 p.m.

Halifax

NOVA SCOTIA REPORT

Geoff Turnbull

Our first fall meeting was chaired by our new vice-president, Claire Brownell, in the absence of President John McKay due to illness. John was side-lined by illness for much of this term but is back in harness. We thank those who pitched in to pick up the slack and we learned to cope in his absence and we wish him well in his continuing recovery.

Phoenix House, which provides a wide range of services to youth, families and communities, sent a message of thanks for our 20 years of dedication to their work.

Geoff Turnbull reported on the national board meeting and its concerns that CBC retirees are not signing up for membership in the pensioners' association. It's down to less than 52% and we seem to be having difficulty in getting new retirees to sign up. Our status as the voice of retirees and protector of our interests depends on maintaining membership at over 50%. See Geoff's special message on Page 2.

TREASURER'S REPORT - CBC Pensioners' National Association (Maritimes) David Carr

We started our year on 01 April/18 with a deficit of \$1,274.94 and unfortunately, this has carried forward well into this fiscal year. At the 6-month point of the year, our bank balance on 30 September/18 stood at \$9,313.54, indicating a deficit of \$1,219.52.

This deficit, along with declining income and ever-rising cost of services, was caused mainly by our sending an extra delegate to the Triennial in Ottawa this year. (Next Triennial is 2021)

The Board has this matter under serious consideration and is considering steps to reduce expenditure in the coming months along with next fiscal year. For a start, there was a fee of \$5.00 for the AGM lunch (which was formerly free), the full-meal-deal of \$7.00 for the monthly lunch has been increased to \$10.00 and for the first time, there is a fee of \$10.00 per person attending Christmas Dinner in December, again which was formerly free.

That said, there are still heavy expenses coming up next month, our charities and Christmas Dinner for example, which along with other expenses, will cause a deficit again, in this fiscal year. Hopefully the last.

If any member would like more information, e.g.: the six month 30 Sep/16 Financial Statement and/or, the proposed budget for the remaining six months, please contact me at Financialwonk@aol.com or, 413-50 Barkton Lane, Halifax, NS B3M 4H8 or, 902-457-1837 which has a voice mail after 4 rings.

David Carr Treasurer, Maritimes November, 2018

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RAPPORT DU TRÉSORIER - Association nationale des retraités de la SRC (Maritimes)

L'année financière s'est ouverte le 1^{er} avril 2018 avec un déficit de 1 274,94 \$ qui se reflète malheureusement dans nos états financiers de cette année. À mi-chemin de la présente année financière, i.e. le 30 septembre 2018, notre solde bancaire se chiffrait à 9 313,54 \$, indiquant un déficit de 1 219,52 \$.

Ce déficit, ainsi qu'une baisse de nos revenus et de la croissance continue des frais de services, résulte surtout de notre décision d'envoyer un délégué additionnel au Congrès triennal à Ottawa, cette année. (Le prochain aura lieu en 2021.)

Le Conseil prend cette affaire bien au sérieux et étudie les mesures à prendre pour réduire les dépenses au cours des prochains mois et pendant la prochaine année financière. Au départ, nous avons imposé des frais de 5,00 \$ pour le goûter à l'AGM (celui-ci était autrefois gratuit), tandis que ceux des réunions mensuelles sont passés de 7,00 \$ à 10,00 \$ et, pour la première fois, chaque convive doit débourser 10,00 \$ pour participer au dîner de Noël de décembre, et encore une fois il n'y avait pas de frais auparavant.

Mais il n'en reste pas moins que nous devons prévoir d'importantes dépenses au cours des prochains mois : ce sont, entre autres, nos charités et le dîner de Noël qui aboutiront avec encore une autre année financière déficitaire. Espérons que ce sera la dernière.

Tout membre qui souhaite de plus amples renseignements, i.e. le rapport financier en date du 30 septembre 2018 et/ou les prévisions budgétaires pour les 6 prochains mois, peut me joindre à l'adresse courriel suivante : Financialwonk@aol.com ou au 413-50 Barkton Lane, Halifax, NÉ B3M 4H8 ou encore en composant le 902-457-1837 qui passe à la boîte vocale après 4 sonneries.

David Carr Trésorier, section Maritimes Novembre 2018



A CHRISTMAS MEMORY

LUCKY'S CHRISTMAS

By sue Dexter

When I was a kid growing up in England in the 1950s, the Christmas bird was a chicken. Not a turkey but a big, plump chicken Mum would proceed to stuff with apple, onion, and bread crumbs all flavoured with sage and thyme.

The chicken came from the local butcher until our last few years in England when we kept a few chickens in the backyard. A week before Christmas a neighbour who had some experience with these things would come over and wring a chicken's neck, and thus Flossie or Henrietta or Betty became the star of our Christmas dinner. I don't recall feeling bad about the fate of the bird who had regularly provided eggs for us. In fact, my brother and I probably fought over who had the remaining leg, my father having claimed one as the carver's reward.

Fast forward to Christmas three of years ago. My daughter and her family were coming over for a Christmas Eve meal. There wasn't a chicken or turkey in sight. We were having seafood. When the time for the meal came and then passed, I began to worry. So, when a large truck drove up the driveway, I was relieved. My daughter's partner has a trucking business. Still I couldn't help wondering why they were in the big truck and not their pick-up...and that's when I learned about Lucky.

Just before the family set off, they got a call from a nearby farm. Inspectors from the department of agriculture had shown up that afternoon on a tip that the farmer had been selling chickens without the proper licence. The inspectors did their counting and ended up culling a big percentage of the flock. Hundreds of chickens were dead and their carcasses had to be trucked to a nearby landfill.

Loading the dead birds into the truck took over an hour. By the time the truck reached the landfill it was dark. My daughter climbed down from the cab as the truck bed tipped up. Feathers and dead chickens tumbled out into a large pile lit by one of the compound's lights. Suddenly she spotted a movement. It was a chicken struggling to emerge from the mass. As it did, it rolled down the hill of dead birds, landing near my daughter. After wobbling to its feet, it shook out its feathers and tried a short croak. It was alive. It had survived a marathon session of neck wringing and a diabolical ride in the truck. Thus, this was one lucky chicken. Instantly, she became Lucky the Christmas Chicken...and I don't mean the Christmas chicken of my childhood.

Instead Lucky thrived despite her ordeal. She went on to spend several happy years as a pet in my daughter's house, wearing chicken diapers designed by my daughter, and laying an egg a day for most of her remaining life. Her chief joy seemed to be chasing the cats who shared the house with her. Then, one day Lucky didn't come sprinting into the kitchen for breakfast. She died sitting on top of the sofa that had a view on the backyard. One of many. May we all be so lucky.



Christmas Dinner / Souper de Noël

Moncton:

Le jeudi 6 décembre au Curl Moncton, 80, av. Lockhart. Accueil à 17 h suivi du repas à 18h. Réserver au plus tard le lundi 3 décembre en communiquant avec Ronald Cormier au (506) 383-8563 ou par courriel à rcormier8563@rogers.com. Prix : 15 \$ pour les membres et leurs conjoints ou partenaires et 30 \$ pour les non-membres.

Thursday, December 6, at Curl Moncton, 80 Lockhart Ave. Meet and greet at 5:00 p.m. followed by supper at 6:00 p.m. Reservations must be made no later than Monday, December 3rd by calling Ronald Cormier at (506) 383-8563 or by email to rcormier8563@rogers.com. Price: \$15 for members and their spouses or partners and \$30 for non-members,

Charlottetown: A December get-together is being arranged. Details will be sent to members by e-mail.

Sydney:

Christmas dinner takes place on Thursday, December 6 at the Holiday Inn, Esplanade in Sydney. It starts at 6:00 p.m.

Halifax:

Wednesday, December 5.

Royal Canadian Legion, 50 Hillcrest Avenue (corner of Main Street), Halifax.

Meet and Greet opens at 11:00 a.m. Cash bar opens at 11:00 a.m..

Turkey dinner at noon.

There will also be a door prize of a gorgeous hand-made quilt. This quilt, as always, comes from an anonymous donor.

Due to rising costs, there will be a small charge this year of **\$10.00 per person**. For example, a member and their one guest: \$20.00. Additional guests are welcome as usual, at \$20.00 each. Cash please and payable at the door.

As in previous years, we are again asking for small donations to charity...something small and warm such as gloves or a scarf or hat, etc. This, of course, is completely voluntary with no check on who gives or what. No gift wrapping please, just in a plain bag.

And of course, a small cash donation in lieu would also be appreciated.

We have to let our caterer know how many are coming. So if you are attending, please email your name and how many (1 or 2 or) to financialwonder@aol.com.

Please use this aol address and not gmail as I don't monitor gmail on a regular basis. Any queries of course also to financialwonder@aol.com.

To reserve, please reply by November 28 with your names and how many are coming to David Carr

Phone: 902-457-1837 (voice mail)

E-Mail: financialwonder@aol.com



From your Newsletter Team



POUR JOINDRE NOTRE RÉGION PAR COURRIER, COURRIEL ET INTERNET

Courrier: Assoc. Retraités SRC (Maritimes), 413 - 50 Barkton Lane, Halifax, NÉ B3M 4H8

Courriel: cbc pam@gmail.com ou Suzie Bougie: cbc pensioners@on.aibn.com

Site Internet : Maritimes: <http://www.chebucto.ns.ca/culture/cbc pensioners/>

Lien Internet (photos et bulletins) – Maritimes: lien dans le site

<http://www.chebucto.ns.ca/culture/cbc pensioners/>

Great West Life (GWL): www.greatwestlife.com Composer le: 1 877 340-9082

Centre d'administration des pensions (CAP) Composer le : 1 888 604 9258

STAY CONNECTED

Keep your Association informed:

If you move, change your phone number or e-mail address, please make sure you notify both the National office and the Regional office of your new contact information, especially your e-mail address so we can keep in touch with you by newsletters.

Dites-le à votre association:

Si vous déménagez, changez de numéro de téléphone ou d'adresse courriel, assurez-vous d'en informer les bureaux national et régional. Votre adresse courriel nous permet de rester en contact avec vous à l'aide de notre bulletin.

national: cbc pensioners@on.aibn.com

613-724-3003

régional: cbc pam@gmail.com

1-877-361-9242

HOW TO CONNECT WITH OUR REGION BY MAIL, E-MAIL, AND INTERNET

Postal: CBC Pensioners' Assoc. (Maritimes), 413 - 50 Barkton Lane, Halifax, NS B3M 4H8

E-Mail: cbc pam@gmail.com or Suzie Bougie: cbc pensioners@on.aibn.com

Internet: Maritimes-photos and newsletters: <http://www.chebucto.ns.ca/culture/cbc pensioners/>

Internet (photos) – Maritimes: link from <http://www.chebucto.ns.ca/culture/cbc pensioners/>

Great West Life (GWL): www.greatwestlife.com Telephone: 1 877 340-9082

Pensioners Administration Center (PAC) Telephone: 1 888 604 9258



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This is the CBCPAM regional newsletter #14.
We welcome comments, suggestions for future items,
and contributions. Please contact:

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