

The Transmitter

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Photo: Courtesy of Aldo Columpsi, CBC PNA, Regina, SK

Aldo Columpsi and his family travelled to Sri Lanka in February of 2019. They came back with a deep affection for the people they met during their travels as well as an understanding of the importance of tourism to that country.

President's Report

Bob Farrow, CBC PNA Regional President, Edmonton, AB

Winter has been truly with us and I hope you've managed well with the snow and cold. The festivities of the Christmas season seem so far away now but I recall how happy I was that PNA members in Edmonton helped with the CBC Turkey Drive in aid of the Food Bank. Through raffles and draws before PNA social events in Edmonton we raised money for the Turkey Drive. It was also great to see PNA members at the Valentine Dinner at the Faculty Club of the University of Alberta on February 18. In spring I will visit members in Calgary, Saskatoon and Regina.

An important issue for PNA members is the pension surplus sharing agreement. Here is a recent statement that was posted on the website for the CBC PNA <https://www.cbcpensioners.ca>

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“In mid-December (2019), the Pensioners National Association along with the English and French Unions of the CBC concluded discussions with the Corporation on the Memorandum of Agreement on surplus sharing and cost management of the employees’ Supplementary Health Care Plan. The Parties were unable to reach agreement on any amendments.

In early December, the PNA attempted to move the discussions towards conclusion by providing an overall position on the review. In essence, the PNA believes that no substantive changes are required, and that the status quo should be maintained.

However, following those discussions, the CBC advised the PNA and the Unions that as far as it’s concerned, the MOA will expire at the end of March 2020, unless the parties agree to some yet to be identified changes. The PNA and the Unions have rejected that position, noting that the agreement contains no expiry date.

Despite the CBC’s unilateral position, the PNA and the Unions offered the Corporation an opportunity to outline any changes it believes are necessary with the possibility of meeting again in the new year. We are awaiting feedback from the CBC.

While the PNA believes the Agreement reached in 2009 remains in effect, additional legal advice is being obtained. The PNA is prepared to defend an agreement that was reached in good faith. Watch for further developments.”

If you would like to contact me to discuss anything about the PNA, please call 780-437-5074 or 780-983-2838, or send an email to srforrow@telusplanet.net

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Dinner theatre Creelman style

Pat Hume, CBC PNA, Creelman, SK

“We’ve got Allan, Cody, Winston and Malcolm. We still need one more guy. I think you should play Vernon, the local cop and taxi driver.”

Lorna still hadn’t got the message. After being in 10 of the last 11 annual dinner theatres in Creelman, Saskatchewan, I wanted out. I’m feeling too damned old to be cavorting around a stage. I tried telling her the same thing last year, too, and before I knew it, she had me dressed in a nun’s habit. Mother freaking Superior in a little farce called *Drinking Habits*.

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Raising money by staging a dinner theatre was the brainchild of a local schoolteacher, June Wilson. In 1981, the community desperately needed cash to pay for its new curling and skating rink, replacing a structure which had blown down in a windstorm. The one-time production of W. O. Mitchell's *The Black Bonspiel of Wullie MacCrimmon* was such a hit, the cast spontaneously held another, and then another, finally calling it quits after six sold-out performances.

For 39 years, people from the surrounding area have been getting together once the harvest is done. Some, like Lorna, have been in on it since the beginning. I first got involved in the Creelman Dinner theatre when I retired from CBC and moved to the tiny village southeast of Regina in 2008. I'd like to say Lorna keeps coming back to me because I'm so good on the stage. Truth is, actors are hard to come, especially men. So, each year Lorna, her sisters Louanne and Sharon and others in a dwindling core group, work their charm. Lorna lines up actors and searches for scripts, with help from Louanne and me. Along with Sharon, they also drum up kitchen staff, bartenders, servers, and makeup artists.



A day is set aside for volunteers to set up risers for tables, so dinner guests can look down onto the stage. More help is needed to build the set. Then, when the play is over, it all has to be torn apart, so the rink can get back its lobby. With a population of just over 100 people, Creelman relies on surrounding communities not only for all those volunteers, but for its audience as well. Year after year, people drive in from Weyburn and Regina, all over south-east Saskatchewan, and some from southwest Manitoba.

The payoff is huge. The dinner theatre has raised hundreds of thousands of dollars and ploughs the money back into the community. The rink was paid for long ago. Donations from the Dinner Theatre range from a couple of hundred dollars for school field trips, to a single payout of 50 thousand dollars to help Creelman expand its water treatment plant.

Year 40 awaits. This time, my message for Lorna - I'm in.



Sigiriya Rock and its palace gardens are a UNESCO World Heritage Site, which dates back to the 5th century.

Touched by the people of Sri Lanka

Aldo Columpsi, CBC PNA, Regina, SK

I have a simple reason for why I travel – I want to see the world while I'm young and healthy enough to do it. A year ago, in February, my family took a two-week tour of Sri Lanka. Words escape me to fully describe the stunning beauty of Sri Lanka and its wonderful people so I hope my photos will fascinate you.

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Sadly a few weeks after we left Sri Lanka, it was hit with suicide bombings at some churches and luxury hotels. This horrible tragedy caused tourism to fall. The effect of the terrorism on the Sri Lankan people is very hard because tourism is a major source of their income.



Fishermen cleaning & filling their baskets with fish.

I contacted some of the people we had met on our tour and one of the drivers said things were so bad that he wanted to leave his beloved country. I hope that with time many tourists – maybe even you - will support the people of Sri Lanka by visiting this amazing country.



Ella Town Railway

My advice about travel? Do the hard stuff now while you're fit to do it. And keep in mind that the people of Sri Lanka need you.

Windsor Reunion

David Kyle, CBC PNA, Regina, SK

“Excuse me everyone” I said to the assembled group of CBC retirees. “Does everyone know Mr. Manera, our former president?”

“Tony” he says. “It’s Tony, please.”



Photo: Courtesy of Mike Fitzsimmons

Left to right: Phil Peck, former Executive Producer CBET TV News, Tony Manera, Past President CBC, Gino Piazza, President, CBC PNA South Western Ontario Chapter, Gerry Head, CBC PNA Ontario

The group bursts out in applause. A big grin spreads across Tony’s face. He’s wearing a driving cap, his once jet-black hair is now silver, but the accent (Italian, his first language) leaves no doubt: it is definitely the CBC President under whose watch CBET Windsor returned to the air on October 1, 1994.

Tony and I had flown to Windsor from Pearson International, he en route from his home in Ottawa, me from Regina. We were headed for a reunion in Windsor, Ontario, of CBC Radio and Television staff from over the years. The “hook” was the 25-year-anniversary of the first broadcast of the Windsor Evening and Late News (local news in several locations, including Windsor, had

been taken off the air a few years earlier.) It was also 25 years since the radio team had moved out of the downtown Security Building and into the riverfront location it still inhabits.

Waiting for us at the airport was someone I hadn’t seen since I left Windsor almost 20 years earlier, our affable host and the main organizer of the December 6-8, 2019 weekend, former Executive Producer of Television, Phil Peck. For the past three months, Phil and a small group had reached out to dozens of former colleagues and friends through email and social media, planned the itinerary, booked venues and menus for various events, assembled video tributes and generally carried the load.

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Reunions start with someone saying “Hey, wouldn’t it be fun if…” and end with people like Phil carrying the burden. I saw it three years earlier at a reunion of CBC Saskatoon. But while the work is substantial, the reward is high as I was reminded every time two old friends shrieked, grabbed each other, hugged and laughed. Like when Carole MacNeil walked into the Friday night social and kickoff to the weekend. Carole, now host of her own show on CBC News Network, launched the CBC Windsor Evening News. I was the host of the Windsor Late News. We hadn’t seen each other in more than 20 years. Needless to say, there were hugs and selfies.

About 75 CBC Windsor retirees joined current staff, and other active employees from other locations, to celebrate working in Canada’s southernmost newsroom. A highlight of the weekend was the Saturday night banquet which piggybacked on the annual Christmas celebration and annual general meeting of the CBC PNA chapter of Southwestern Ontario. The room at Windsor’s iconic Caboto Club was booked until 9 p.m.; the last stragglers left closer to midnight. People didn’t want to let go. There was a sense that this moment might never repeat, that magic happened a quarter century ago and for many of us, me included, it was the highlight of our careers at CBC.



Photo: Courtesy of Mike Fitzsimmons

Carole MacNeil, former host Windsor Evening News, David Kyle, former host Windsor Late News.

If you are reading this and have been thinking about a reunion where you are, go for it. Just be sure to get a Phil Peck on board early.

Nemeiben Notes:

Adventures of the Canadian Baitcasting Corporation

Norm Sawchyn, CBC PNA, Regina, SK

When the going gets tough (for instance during cutbacks at CBC) the tough go fishing. It was Aron Bergren’s idea. Before he joined CBC, he had been a fishing guide on Nemeiben Lake, north of La Ronge, Saskatchewan. He said he knew the waters like the back of his hand and was going fishing when the season opened. Aron invited some colleagues to join him and, on that May long weekend of 1991, a small group drove from Regina to Nemeiben. Gary Seib was among them. He remembers that, except for Aron, they weren’t very successful at catching fish. What Gary did catch, however, was a serious case of fishing fever and the knowledge that you must have jigs.

On the way home, it was decided the trip **MUST** be repeated the following year. There would be three boats of three fishers for a total of nine. There would be jigs for pickerel and trolling gear for lake trout. Aron would pilot the lead boat; the others were to follow in close proximity or risk sinking on a rock. Gary volunteered to get it all organized. He would become the trip promoter, manager, accountant and chief cook-and-bottle washer.

It wasn’t hard to find committed fishers. The more we heard about the pickerel just waiting to be caught and the heroics of Aron the Guide, the more excited we got. Twelve months is a long time to spend in anticipation but we used it wisely. We filled our tackle boxes with the latest gear, got old rods in shape or bought new ones. Some even spent evening hours making jigs with molten lead and hooks and bright coloured paint. When at work, we gathered in the newsroom and listened to more tales from Aron the Guide. We became known as the Nemeiben Nine.

The expedition of 1992 was the trip of a lifetime. Pickerel were plentiful. Trout were huge. There was fresh fish for shore lunch every day and everyone brought home their limit. I took my video camera along and shot everything that moved. Back in my CBC edit suite I created a video called North to Nemeiben. We even published a newsletter called Nemeiben Notes – a collection of ideas published by and for those who would rather be fishing.

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Plans for the 1993 excursion were so popular that the group expanded from nine to twelve. Joining the newly named Deadly Dozen were Ken Nyhuus from Ottawa and his friend Tim Armstrong, who came all the way from Australia. By 1994 excitement rose to such levels that even Executive Producer Mike Peitrus begged for a seat in the boat.

Alas, all good things must end. A combination of commercial and recreational fishing depleted fish stocks, catch limits shrunk, and the costs to fish became astronomical. 1995 would see the last expedition of the Canadian Baitcasting Corporation. A few years later, Aron Bergren died (2011) and in his memory I posted "North to Nemeiben" to YouTube. If you want to see what the fuss was all about here's the link:

<https://www.youtube.com/watch?v=R47EZ7aFrM>

Memories last forever.

Chapters Roundup

CALGARY: The Southern Alberta Chapter is based in and around Calgary. The members met for lunch at the Kerby Centre (1133 – 7th Avenue SW) on Wednesday, February 12th. The executive is working on revitalizing the Chapter. The dates for the next two lunches are Wednesday, April 8 and Wednesday, June 24. For more information on the Southern Alberta Chapter contact President Joanne McAdam at Clairmont.mcadam@gmail.com or 403-275-0957.

EDMONTON: The members in Edmonton get together for breakfast on the second Tuesday of each month (IHOP at 3921 Calgary Trail NW). This winter's cold weather has affected the turnout. In January, six people showed up and in February there were four eating together on a day that was for only the bravest of drivers because of a large dump of snow, traffic was snarled and there were many fender-benders.

Photo: Even though it was 30 below zero outside, six brave souls made it to the IHOP Breakfast. Left to right: Debbie Heichert, Doreen Williams, Bob Forrow, Bruce Cowen, Ralph Williams and Don Heichert.



A week later, the Edmonton group held its Valentine Dinner at the Faculty Club at the University of Alberta.

For more information on the Edmonton PNA and its activities contact Bob Forrow at srforrow@telusplanet.net or 780-437-5074.

*Photo: Courtesy of Sylvia Forrow
Left to right: Nancy MacVicar, Jim MacVicar, Julia Sargeant, Bob Forrow*

SASKATOON: The Saskatoon members of the Saskatchewan Chapter met for coffee on February 4. Many of the folks are away for the winter so the Saskatoon group will plan a lunch for April. In the meantime, Saskatoon Vice-President Gaynette Spafford encourages all members to read the articles distributed by the national office of the CBC Pensioners National Association and reap the benefit of the good information you'll find there. If you have any questions or for some reason are not receiving emails about the articles from the national office, please contact Gaynette Spafford at spaffordg@gmail.com or 306-280-6309.

REGINA: The Saskatchewan Chapter in partnership with the CBC 20 Year Association in Regina held a very successful Christmas party with over 65 people attending. In other news, the Executive decided not to hold a bowling night this year and will use those funds to put on a different event just to change things up a bit. Stay tuned for details about an event in the latter part of May. For more information on the Saskatchewan Chapter contact President Hartland Jessome at hartlandj@sasktel.net or 306-520-2859.

The side streets of Omonia

Costa Maragos, CBC PNA, Regina, SK



As I emerge from the escalator at Omonia Metro Station, and my eyes adjust to the bright Grecian sun, I see the Athens that I love. A chaotic scene of cars, buses and brave motorcyclists navigate the ring road around Omonia's famous square. The square is surrounded by high rises and a mix of small and medium-sized shops, restaurants and cafés.

Omonia was once Athens' most glamorous district. Those days are long gone. While the district's core area is busy, Omonia's side streets tell a different story reflecting the deep economic crisis that has gripped this country since 2008. My family and I visit Greece every year, and I've been cautioned many times by friends and relatives in Athens to steer clear of Omonia, particularly at night when the area is known as a haven for petty thieves. My wife, Kathy, grimaced when I casually mentioned I was taking our two young adult sons, Anastase and Yianni, for an Omonia visit. "Please be careful there. I hear it's dangerous," she cautioned. While we laughed off her warning, we did ensure we were not carrying any valuables, just in case. I wanted my sons to experience a side of Athens many tourists avoid.

In Omonia Square we visited Loumides coffee shop where they've been selling their coffee for more than a century. We were overwhelmed by the aroma of freshly ground, powdery Greek/Turkish Greek coffee and tempting Greek sweets.

Across the street from Loumides is the coffee shop and bakery Veneti. This two-storey structure is marked by impressive marble columns and features a vast array of sweets, freshly baked goods and luncheon dishes. Along the busy Omonia square we found people selling sesame-seed covered bread sticks known as koulouria. There were lottery ticket sellers, beggars (young and old) and umbrella-covered kiosks that sold newspapers and magazines, junk food,



drinks, toiletries and too many other items to list here. Omonia is also home to Athens' old City Hall with its vast square for cultural events and where street people feed the birds and ask passers-by for money.



For all of its gritty features, Omonia happens to be home to one of Greece's more cherished cultural institutions, The National Theatre. The theatre building, with its neo-classical design, has been staging plays since the 1800's. We saw a play there one evening and the acoustics were amazing.

But it's Omonia's side streets where we see the neighbourhood's eclectic personality emerge. The people are a mixture of cultures; recent émigrés from Pakistan, Bangladesh, Syria and other countries now trying to make a life in Greece.

One of the highlights was a stop at Stani Loukoumades, a cafe/dairy bar that has been in business since 1931. The loukoumades, deep-fried pastries swimming in honey, were the best ever as was the shop's famous home-made Greek Yogurt and a custard cream dish.

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These side streets are also marked by rundown buildings, empty storefronts and seedy looking hotels. At times, it can be one long street after another of vacant, single level, graffiti-covered buildings. In contrast, along Omonia's main areas we saw new high-end hotels opening or planning to open. The square itself has been renovated and will be officially unveiled to the public this year. My sons and I can't wait to see it when we make our annual trip to Greece in September to visit our relatives, and Omnia, of course.



Launch of the New Redesigned CBC PNA Website

As mentioned in the August Contact newsletter, the PNA hired Xactly Advertising and Design, an Ottawa based communications consultant company, to review the PNA's messaging and digital strategies including a total redesign of the Association's website as well as an update of brochures and retirement kit. This new website offers the following:

- Accessibility to all CBC Retirees
- Valuable digital resource for members
- Content focused on the CBC and the contribution that its pensioners made to cultural, political and technological events & progress
- Content that reflects the dynamic nature of PNA members across the country, (promotion of upcoming events, photos of current members and activities) to support a stronger sense of relevancy
- Aesthetic and functional design changes with integration of animation and movement elements

Email addresses for most members who already had an account on the old website have been transferred but the passwords were not. An error will appear when you try to log in. Please click on 'Forgot Password' and follow the prompts to reset your password.

If your email address was not transferred, you will have to create a new account. Please check it out and give us your feedback.

www.cbcpensioners.ca

Lancement du nouveau site internet remanié de l'ANR

Comme nous l'avions mentionné dans le bulletin Contact du mois d'août, l'ANR a fait appel à Xactly Advertising and Design, une société d'experts-conseils en communications d'Ottawa, pour passer en revue les stratégies de communication et numérique de l'ANR, y compris refaire entièrement le site Internet de l'Association, ainsi que mettre à jour ses brochures et sa trousse de retraite. Voici ce que ce nouveau site vous offre :

- L'accessibilité à tous les retraités de Radio-Canada
- De précieuses ressources numériques pour les membres
- Du contenu axé sur Radio-Canada et sur les contributions de ses retraités à la culture, aux événements politiques et aux progrès technologiques

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- Du contenu qui reflète la nature dynamique des membres de l'ANR partout au pays (promotion d'événements à venir, photos des membres actuels et de leurs activités) en vue de soutenir un plus grand sentiment de pertinence
- Des changements esthétiques et fonctionnels qui intègrent des éléments animés et du mouvement

Les adresses de courriel de la majorité des membres qui avaient déjà un compte sur l'ancien site Internet ont été transférées, mais les mots de passe ne l'ont pas été. Un message d'erreur s'affichera donc lorsque vous essaierez d'ouvrir une session. Veuillez cliquer sur « Mot de passe oublié » et suivre les indications pour réinitialiser votre mot de passe.

Si votre adresse de courriel n'a pas été transférée, vous devrez créer un nouveau compte. Veuillez y jeter un coup d'œil et nous dire ce que vous en pensez.

www.retraitessrc.ca

In Memoriam: We Remember

This is the information we've received about CBC colleagues and PNA members who have died since the publication of the last newsletter.

Ray Anderson (October 27, 2019) CBC North Chief Technician and Remote Tech Yukon based in Whitehorse, worked with Transmitter group in interior BC

Bonnie Brennan (January 2020) CBC Toronto Television

Don Brown (December 18, 2019) CBC Network Sports Producer and Executive Producer

Cec Browne (January 2, 2020) CBC Ottawa TV Sports Cameraman, Producer, Director

Joan Chilcott (December 14, 2019) Sports Producer and widow of CBC Sportscaster Ernie Chilcott

Marilyn Crawford (February 17, 2020) CBC Toronto Senior Clerk, Radio Networks and widow of Douglas Crawford, CBC Toronto Sr. Maintenance Technician, TV Services

Don Dagenais (December 15, 2019) CBC Head Office Ottawa, Supervisor of Credit and Collection Finance

Len Ewert (January 30, 2020) CBC Edmonton, Supervising Technician Radio

Bob Frederick (December 10, 2019) CBC TV Vancouver Line Producer with The Beachcombers and Director with Ritter's Cove

David Gardner (February 8, 2020) CBC Toronto Director and Producer of drama for television including CBC's first full-length film The Paper People and creating the Quentin Durgens MP series

Henri Gervais (December 25, 2019) CBC Montreal Supervisor (Videotape) TV Technical Services

Tom Hurl (February 18, 2020) CBC Toronto Finance

George Jackson (January 10, 2020) CBC Toronto Technician

Ada Kangyal (February 6, 2020) CBC Toronto Costume Designer

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John Maguire (January 24, 2020) CBC Ottawa Radio Traffic Supervisor

Stuart Marwick (January 22, 2020) CBC Toronto Radio and Television Senior Producer

Sheila McElligott (October 11, 2019) widow of CBC Toronto Film Lighting Director Don McElligott

Brian McKay (February 6, 2020) CBC Toronto Television Actor and Performer

Malcolm McKinney (December 8, 2019) CBC Toronto Radio Technical and Operations Officer

Gem Ottey (December 26, 2019) wife of Neville Ottey, Film Cameraman, CBC Toronto

Ray Parsons (December 3, 2019) CBC Toronto Film Services and TV Technical Technician

Finlay Payne (February 14, 2020) CBC Ottawa Head Office Head of Program Policy

Peter Puttonen (February 13, 2020) CBC Vancouver Maintenance Technician/Supervising Technician-Transmitter and Systems Technologist-ENG

John Ridge (December 24, 2019) CBC Northern Services Director

Richard (Rick) Rigelhof (January 12, 2020) CBC Toronto Graphic Designer and Manager Media Production

Brian Robb (December 10, 2019) CBC Edmonton Purchasing Department

Peter Robinson (February 16, 2020) CBC Ottawa Head Office Associate General Counsel

Bob Ross (December 18, 2019) CBC St. John's, CBC Toronto National Radio News and CBC Sudbury

Rick Thompson (December 30, 2019) CBC Toronto Television Variety, Drama and Music Assistant Director and Production Assistant

Don Tremaine (December 15, 2019) CBC Sydney and Halifax Television and Radio Announcer and Program Host, for example Don Messer's Jubilee on television and Information Morning on radio

David Simon Van Praagh (December 28, 2019) CBC Ottawa Radio Journalist

Bob Willson (December 27, 2019) CBC Winnipeg Television Program Host, CBC Toronto Television Host and Radio Executive Producer

Ray Wittrock (February 7, 2020) CBC Vancouver Senior Broadcast Technologist, TV ENG and EFP and AVID Specialist

EMAIL QUESTION: how much is enough?

When your PNA Executive receives obituaries of former colleagues we forward them to you by email. So many of us have worked with people across the country in person or by email or by telephone and we think you'd appreciate hearing about the deaths of former colleagues. If you have any concerns about the type of information or how frequently you receive it, please let me know. Joanne.skidmore09@gmail.com

GREAT REASONS TO BE A MEMBER OF THE CBC PENSIONERS NATIONAL ASSOCIATION

WE ARE YOUR VOICE...

The CBC Pensioners National Association is the **sole unified voice** advocating on your behalf – with the CBC, with government and in the national community of retirees – about the Pension Fund, improved survivor benefits, equitable treatment of same sex partners and the extension of survivor benefits to spouses or partners married after retirement. The CBC PNA regularly monitors and participates in the governance of the Supplementary Health Care Plan, helping to assure rates are controlled, services are maintained and benefits are appropriate to the needs of the membership.

WE OFFER YOU SUPPORT....

We provide knowledgeable telephone support / advocacy and website. Our National Office is a great source of information and advice.

WE OFFER YOU ACCESS TO SPECIAL PRODUCTS AND SERVICES

Our members have unique access to home, auto and travel insurance plans designed for retirees and very competitively priced.

To join us call 1-877-361-9242 or visit <http://www.cbcpensioners.ca/>

DE TRÈS BONNES RAISONS D'ÊTRE MEMBRE DE L'ASSOCIATION NATIONALE DES RETRAITÉS DE LA SRC

NOUS SOMMES VOTRE VOIX...

L'Association nationale des retraités de la SRC est la **seule voix unifiée** qui défend vos intérêts auprès de Radio-Canada et des gouvernements, et au sein de la communauté nationale des retraités. L'ANR défend d'une voix forte et efficace vos intérêts dans le débat en cours en vue d'améliorer les avantages pour les conjoints survivants, le traitement équitable des conjoints de même sexe et le versement de prestations aux époux ou aux partenaires post-retraite. L'ANR surveille la gouvernance du régime d'assurance-maladie complémentaire et y participe régulièrement, contribuant à s'assurer que les tarifs demeurent raisonnables, que les services soient maintenus et que les avantages conviennent aux besoins de ses membres.

NOUS VOUS OFFRONS DU SOUTIEN...

Nous offrons aux membres un soutien téléphonique bien informé, la défense de leurs intérêts, ainsi que des renseignements par l'intermédiaire de notre site Internet. Notre bureau national est une excellente source d'information et de conseils, accessible par téléphone, par courrier ou par courriel.

NOUS VOUS OFFRONS ACCÈS À DES SERVICES SPÉCIAUX

Nos membres ont accès unique à des régimes d'assurance habitation, automobile et voyage conçus pour les retraités à des prix compétitifs.

Pour vous joindre à nous, téléphonez au 1 877 361-9242 ou visitez notre site Internet, à l'adresse : www.retraitessrc.ca.



Photo: Courtesy of Aldo Columpsi, CBC PNA, Regina, SK

A Sri Lankan protects himself from the sun while climbing barefoot up a long set of stairs.

We need to hear from YOU

You've said you like reading about what your former colleagues are doing. Well, they like to read about you, too! So write a short article and send us some photos.

The next deadline for submitting articles and photos is Wednesday, April 15, 2020.

Let us know how you contribute to your community as a volunteer, or tell us a story from an interesting trip you've taken recently, or share information about a project that has captured your time and attention. And if you have some jokes or cartoons to share, send them as well.

Email your 300–500 word stories to Joanne Skidmore joanne.skidmore09@gmail.com

Email your photos (horizontal format, large, high resolution, JPEG) to Monique Nenson mnenson@gmail.com

The Transmitter is your newsletter. Thanks for taking an interest in it.