

PNA activities in the NL Region include semi-annual general membership meetings, an early summer barbecue social, and our annual Christmas luncheon - gatherings which usually feature guest speakers, presentations, prizes, and/or some kind of entertainment, often provided by our own members. Finer weather finds members embarking en masse on road trips for dinner theatre in scenic locales like the historic Southern Shore community of Ferryland. Still on the fun side, we have bowling+pizza parties and donuts'n'darts "tournaments" throughout the cooler months while our weekly walking club selects a spectacular trail to traverse every Thursday morning during the spring, summer and fall.

The NL Region remains involved in our communities. We continue to participate with strong representation on the *Coalition of NL Seniors', Pensioners', and Retirees' Associations*, an influential organization that deals with many provincial and local issues of importance to our members. Another community outreach initiative involves CBC PNA members preparing a hearty meal for families from afar, lodged at Ronald McDonald House, who return "home" for welcome respite after spending the day with a sick kid staying in the Janeway Children's Health and Rehabilitation Centre at St. John's.

We have an Illness and Visitation Committee which also takes the time to offer cheerful birthday telephone calls to all members; there are seasonally-themed contests for folks around the province; and special events are featured, such as free guided tours (by one of our own !) thru Government House. As well, the Newfoundland and Labrador region administers and awards a longstanding annual scholarship to post-secondary students who are related to members of the CBC NL Pensioners Association.

Recruitment is a priority in the region and our dedicated Director-at-Large oversees contact with and encouragement to recent CBC pensioners, in hopes of having their names added to our membership roll. We emphasize the importance of having a nationwide Association representing CBC pensioners, including on a number of national committees that jockey important files like the pension plan, supplementary health care (SHCP) and special assistance fund (SAF).

Response to our various initiatives and activities has been very gratifying and it's wished that even more of our pensioners will join us to meet, socialize, and recall memories of bygone days, learn the latest news and information from the national, regional and local levels of the CBC Pensioners Association, or simply to ask questions and offer suggestions about items of interest to all participants in the CBC PNA !