2021 Fall Edition

The Good Life Newsletter of the Southwestern Ontario Chapter of The CBC Pensioners National Association

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Nationally (highlights)



From the September 10th virtual National Board Annual General Meeting here are a few quick notes.

- Members were brought up to date on the workings of the National Board.
- The membership approved the audited financial statements ending March 31st, 2021
- The job posting for the position of Communications coordinator was explained.
- Dan Oldfield updated the meeting on the CCSB and the workings of the Special Assistance Fund.

- Alain Pineau addressed our pension surplus-sharing dispute with the CBC. This

dispute is heading into mediation in November and if that process fails then there will be

Full details are available on: https://www.cbcpensioners.ca

- Donald Langis updated the meeting on our involvement in the EAP program.

If you want to

be

happy, BE!



a full arbitration hearing beginning in February.



VP-Anglophone



VP-Francophone



Treasurer



President

David Jeffrey

Donald Langis

Réjean Labrie

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Regionally



the

looked at

The CBC Pensioners Association is moving forward. It has taken big steps to improve the Association.

Our three-year plan has been approved. The plan includes the Diversity & Inclusion committee's new policy of D&I along with a plan to be implemented by the Recruiting Committee and a major push on Communications with our members. We are also reviewing the national "I hope I bylaws to ensure consistency between the French and English versions. can be The plan is to make the organization more transparent and democratic.

autumn Each Region is asking for volunteers to be members of advisory teams for leaf. who the D&I, Recruiting and Communications committees.

The National Board is currently looking to hire (hopefully from within our the skv members) a Communications Coordinator. This position will be working and lived. with the Communications Advisory Board to develop a communications And when policy for the PNA and a consistent, coordinated strategy. it was

If you are interested in the Diversity and Inclusion committee please time to contact Gail Carducci as soon as possible at gail.carducci@gmail.com. leave,

gracefully

If you have an interest in Recruitment please contact Suzanne it knew Cunningham at suzanne.cunningham@hotmail.ca.

life was a

gift." If you have any other interests please contact me and let us discuss them.

DODINSKY Please reserve Wednesday October 27 at 10:00 a.m. and join our virtual Annual General Meeting.

Please check the latest edition of Livewire for details.



Respectfully,

Gerry Head

- President Ontario Region
- **CBC** Pensioners National Association



3

Locally – Southwestern Ontario (SWO)

"Go, sit upon the lofty hill, And turn your eyes around, Where waving woods and waters wild Do hymn an autumn sound. The summer sun is faint on them-The summer flowers depart-Sit still-as all transform'd to stone, Except your musing heart." Elizabeth Barrett Browning: The Autumn

The transformation from summer to fall has begun, so says the calendar date. Living in Southwestern Ontario and still enjoying such wonderful weather it is really hard to believe. Many swimming pools

are still open, the patio sets have not be stored for the winter and the BBQs are still a weekly event. Sometime after Thanksgiving the colours start to really change. Let's make the most of it because we all know what is around the corner!



<u>NEWS – UPDATE</u>

As this probably does not come as a surprise and with the feedback that we have received, once again your board has decided that it was best to cancel our December 4th Christmas party.

Your board will be monitoring how things transpire and if at all possible may consider a late winter or early spring get together of some sort in 2022. Once again we will monitor all recommendations made and enforced by our local, regional and federal health organizations.

More information regarding plans for 2022 will be given in our Holiday issue of the Good Life!

Our latest financial report, provided by Jackie, shows we are in a very healthy position that will allow us to plan for a wonderful gathering or two down the road.



It is a time of family gathering, feasting and sharing!

On behalf of your Board, we wish everyone a wonderful, safe and healthy Thanksgiving.

GinoSandyJackieGerryMannyPresidentVice-PresidentTreasurerDirectorDirectorImage: Single S

Visit our Facebook site (copy and paste the link) to view many of our past activity photos. https://www.facebook.com/SWOChapterCBCPensioners/?ref=aymt_homepage_panel

<u>'THE CONTINUING SAGA OF: HERE IS WHAT I HAVE BEEN UP TO'</u>

Pat Jeflyn (Videojournalist)



Just before COVID-19 slapped us all down, I was enjoying a whirlwind of travel: a family trip to Scotland and the isle of Skye where, centuries earlier, my ancestors had been cruelly booted out during the "Clearances" to make way for more sheep; an unforgettable journey to Peru for a friend's wedding with visits to the dizzying heights of the Rainbow Mountain, Lake Titicaca and Machu Pichu; and then hiking on sheep farms and through rainforests in New Zealand.

I was pondering cutting back on my air travel to help save the planet when COVID intervened and settled that dilemma.

Early on in the pandemic, filmmaker Matt Gallagher twisted my arm to work as associate producer on his film *Dispatches from a Field Hospital*. It turned out to be a very moving and invigorating experience connecting with so many courageous doctors and nurses who ran Canada's first COVID field hospital.

Throughout most of last year, I did a lot of writing, including helping a friend who is producing a book about her father who was a fighter pilot in the second world war and who came within minutes of being executed for spying.

I've become a *bona fide* tree hugger since joining an activist group that reads books, plants trees and hopes to save the world or at least make it a bit better. We did a major tree planting and I made a film about it called *Planting Hope*.



My garden has helped me immensely during the lockdown. I've re-

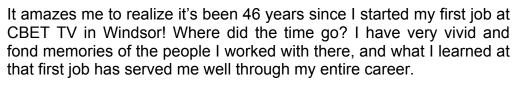
organized it, planted some fruit trees and covered the rest with food for me and the bees. I'm also working on a plan to grow food inside during the winter. Now I'm about to start a series of university courses to become a master gardener.



This summer, I've started doing some traveling around Ontario, to Stratford, Niagara-on-the Lake, the Goderich area, the Bruce Peninsula and Bon Echo Park. I've done a lot of cycling and even starting going to the theatre again. Although COVID has made my world smaller, it has helped me focus on what's good in my own backyard.

FRIENDS OF THE SWO CHAPTER

Stephen Adamcryck (Film Editor & Film Cameraman)



After several years at CBC in Toronto and travelling the world for work, I went free-lance for 15 years and still do some corporate productions with Jeff Silverstein (an ex CBC

guy too!) of Radius Communications in Toronto. For the last five years, I've been teaching film studies at Niagara College in Welland. It does give me a good feeling to be able to share 46 years of knowledge with a new generation of media arts students!

On the home front, my wife and I recently bought an 1875 era Italianate house in St. Catharines and spend most of our free time restoring its finely

crafted details and modernizing its mechanics. Back in the late 1800s, the house sat on a 200acre farm and still has the original carriage house in the back yard, horse stalls intact! I enjoy doing plumbing and electrical work and general construction around the house, so bringing this grand old dame back to life has been a joy and a learning experience at the same time.



I started riding my bicycle again about 10 years ago. At first, it was to lose some weight and get in shape, but it soon became an obsession. I did lose the weight and in the meantime, racked up 76,000 kms so far. I still ride most days, even in the winter, and can't imagine not cycling! Although I was forced to take a few months off when a train track sent me sprawling and I ended up with a broken hip. For a time I taught classes from a wheelchair, then crutches. The best day was when the doc allowed me to get back on my bike and I haven't looked back.

My other hobby is our 1966 Airstream Ambassador travel trailer. It's mostly original with the exception

of some mechanics that I upgraded. We've travelled most summers in that trailer and gone as far as western Canada and east to Maine, although the pandemic has grounded us for the past couple of years. It's been backyard camping in the meantime.

My future plans are to teach for a while longer and in the not too distant future, buy an electric car! I've already installed the battery charger in the carriage house, just need the car to plug into it! I'm on the waiting list.

I look forward to seeing everyone at this year's Christmas party, fingers crossed!



Brian Worrall (Reporter)



After having spent half my career in news broadcasting, mostly with CBC in Toronto, Charlottetown and Windsor, and the other half in public affairs for City of Mississauga, Windsor Public Library, City of Windsor and Municipality of Chatham-Kent, I retired for good in 2016.

Having been involved in many community issues over the years, and having met a great many interesting people, I thought volunteerism

might keep me engaged. So, I volunteered for several community causes, the most enduring being The Windsor Residence for Young Men (WRYM). WRYM supports young men 16-24 years of age as they leave homelessness behind to build new lives. Professional staff help homeless young men to integrate into the community and reconnect with extended family or independent living, as well as education and employment. Our programs are cost effective and successful, and depend on community fundraising and free administrative work by volunteers. This has proven a challenge during the pandemic and my skills as publicity chair and President have certainly been put to the test.



Family is my mainstay – my wife Kathryn, daughter Aileen and son Evan. Canoe trips on the creeks of Essex County are a favourite activity. A family highlight was our memorable spring 2019 visit to South Africa and Angola, where Aileen was teaching. We experienced and survived the lions, hyenas and wild dogs of the wonderful Kruger National Park.



More recently, our home garden has proved more dangerous, as my attempts to become an urban farmer resulted in an extreme attack of poison ivy, putting me out of commission for three weeks. My courage put to the test, I did what any honourable person must do - I hired a contractor to get rid of the vicious weed.

Now, for the time being at least, I am living a less risky quiet life – and am surrounded by family, which for me is the very best way to live.



Dave Turriff (Television Director)



After departing the CBC and Windsor in late 2004, I moved back home to Ottawa with my wonderful wife, Maryse Durette and our 2 children, Jasmine and Jonathan, now 21 & 20 years old.

After working in television on Parliament Hill for 14 years, I retired from the House of Commons in the spring of 2019 with full pension after 38 years of service.

I have great memories of my time at CBC Windsor, 10 years, from 1994-2004. Being a part of The Home Team and working in the newsroom, remain

the best years of my working life. Thank you to all of you for making that possible. I was among great people.

Since retiring, I have been able to travel and have taken up paddle boarding with Maryse. I can also be found enjoying the pool and taking in retirement one day at a time.

A must note, your 2019 Christmas-Reunion party was fantastic to say the least, thank you for the invite. What an evening, what memories, and great folks!





Agostinho Carvalho (VTR-Technical Maintenance-French Master Control)

An update on one of our fellow co-workers! Tino and Maria have recently left the Windsor area and have moved (1st phase) to New Brunswick and are living with his family. Sometime in the spring/summer he will make the final move (2nd phase) to Portugal where he will make his final retirement nest. Everything happened very quickly and he did not have time to say goodbye to many. He sends warm wishes, good health

to everyone. Those that wish to contact him can do so by email at the following address:

aocarvalho@msn.com

On behalf of the SWO Chapter we all wish him a very safe journey and a wonderful retirement. Now this is coming from Tino 'Anyone who visits will always have a friendly face and place to have a few bottles of wine!'



Michael Turik, September 30th, 2021

Details to follow.