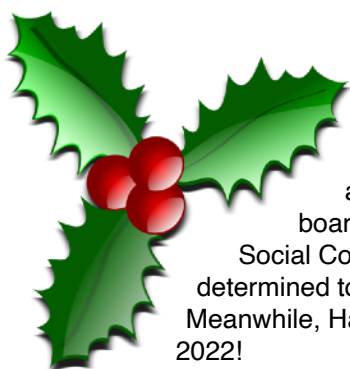


Communique

National Capital Region & Nunavut
The CBC Pensioners' National Association



2022!
Ellen Chassé

Editor's note: as we approach Christmas and the end of another year, there are changes happening in The National Capital Region and Nunavut board. Kerry Adams stepped down from the presidency and Suzanne Cunningham has agreed to take on the job. We now have 7 members on the board instead of 12; vacant positions include Vice President, Social Committee, Secretary and 2 directors at large. We are however, determined to do our best to communicate important information to you! Meanwhile, Happy Birthday to the CBC, Merry Christmas and a Happy



PNA/CBC NEWS

Surviving Spouses Pension Fairness Coalition

According to the coalition's Co-Chair, Rick Inglis.... "Although we haven't heard anything for a while, the Surviving Spouses Pension Fairness Coalition - fighting to change the legislation that denies pensions to surviving spouses - has actually been fairly busy. Among other things, they were helpful in getting a television show done on La Fature, in Québec, which got the interest of key politicians". Inglis, also VP of the PNA's Southern Interior Chapter Chair says their website has been updated with new information and he encourages you to have a look. The link is <http://www.pensionfairness-sspfc.ca> "

Pension Plan surplus sharing agreement: suspension of the mediation process

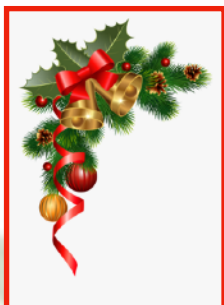
Efforts to mediate a dispute between the CBC and the PNA and its Unions over the validity of the Memorandum of Agreement on Pension Surplus Sharing have so far failed to reach a settlement. Nevertheless, the mediators from Canada's Federal Mediation and Conciliation Services have asked the parties to agree to a suspension of the process in order to reflect on their respective positions. No new further mediation sessions are planned, and the parties are scheduled to take the matter before the appointed arbitrator, retired judge Dennis O'Connor, at the end of February 2022 for a binding decision.

The mediation had been requested by the CBC but the Corporation maintains its position that the deal, negotiated in 2009, has expired, notwithstanding the fact the agreement contains no expiry date and, in fact, calls on the parties to merely "review" the agreement every 10 years. The PNA and Unions challenge that position.

EAP Board

CBC has unilaterally disbanded the National Board of the Employee Assistance Program (EAP) and sub-contracted it to an external company. The PNA has written to the VP, People and Culture, to suggest that some way has got to be found to include its input as well as that of the Unions: we are awaiting a response to our letter. The EAP will however remain accessible to pensioners through the usual means. The information can be found on the PNA website in the section reserved to members.

NOTE FROM THE PRESIDENT... Suzanne Cunningham



Hello and greetings to all!

I was honoured to be nominated and accept the Presidency of our Region at our last AGM. These are very busy times within the PNA. There are many volunteer members contributing their time, expertise and effort to ensure the viability and success of our Association. More on that....

Before going further, I would like to thank Kerry Adams for six years serving on the Board of Directors, first as a Director at large working on social events, and then as President. Kerry steered our Region through these last months and Covid protocols. He will be greatly missed but we look forward to seeing him at our next "live" event.

I would also like to thank our outgoing Board Directors: Denise Genge who took on the herculean task of organizing many social events even during Covid, and Edith Cody-Rice

who helped both at our regional level and most recently at the national level with all things by-laws and served as our Secretary. Denise's enthusiasm and Edith's sage advice will be missed. The good news is that although both are retiring from the Board, they have offered to help us when they can. Before our AGM, we also said goodbye to Yvonne Lavallée who served for many years as a Board member working on every file that came her way, often greeting our members as they arrived for events and previous AGMs. Thank you Yvonne!

Finally, I would also like to thank the many who volunteer without being Board members. Many times your help was needed and you stepped up to assist the Board, whether in auditing our financial records, organizing social events, or in many other ways. Your contributions are greatly appreciated.

We are so happy to welcome Louise Petitclerc to our Board and look forward to working with Louise in the coming weeks. Welcome Louise!!!

As mentioned, there is a lot of activity underway within the PNA. These efforts are as a result of the work taken on by four groups addressing Advocacy, Communications, Diversity and Inclusion, and Recruitment. In support of the on-going work, the National Capital and Nunavut has asked for volunteer members to two standing committees and become Board members for our region: Recruitment and Diversity and Inclusion. We are happy that Fran Cutler has stepped forward to work with the Diversity and Inclusion Standing Committee and as a member to our Regional Board. We still need a representative for the Recruitment Standing Committee.

Recruitment is an on-going effort within the PNA. Our membership levels are above the 50% mark and allows the PNA to speak on behalf of retirees to the CBC, outside organizations and CBC's unions. However, we are "just above" the 50% mark...which means that 50%+ of our retirees are carrying the weight for the other 49% who have not become members in a time when the PNA is speaking for retirees on critical files:

- Memorandum of understanding with CBC (including the agreement on pension surplus distribution if applicable)
- Management of the Supplementary Health Care Plan
- Management of the Special Assistance Fund
- Follow-up on the future of EAP
- And many other important files.

If you know CBC retirees who are not members, please reach out to them and tell them...tell them how important their membership and voice is to the PNA to carry on.

The PNA is diversified in its mandates towards our members. The PNA maintains the role of speaking on behalf of retirees, as well as provide occasions for retirees to meet with previous colleagues and enjoy social occasions. It is far more than pizza and beer lunches – but who doesn't love a pizza and beer lunch with previous colleagues to share stories and catch up!

.../

December, 2021

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Another important aspect of recruitment means ensuring our Board is complete with volunteers willing to work on matters detailed above and for our Region. As we mentioned, there are several vacant roles on our Board. We want to deliver to you our members, all of the services, events and information that we have done so in the past and you have indicated to us that you wish to see continue in the future. For that, we need your help and time. Please consider volunteering as a Board member.

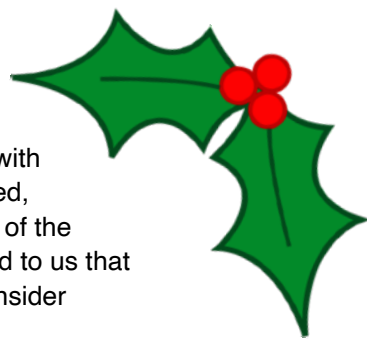
Much to do and more to come! If you are interested in participating, volunteering, and becoming a Board member, please feel free to reach out to myself or any of the Board members listed in this Communiqué.

So we are off looking toward 2022 and better times and moments than this past year. I would like to wish each and everyone the very best wishes for the Holiday Season and the New Year. Stay healthy and stay safe – we hopefully will connect in person soon in 2022.

Yours truly,

Suzanne Cunningham

President



PNA SPOUSAL MEMBERSHIP

Individuals who receive pension survivor benefits are eligible to become members of the PNA and access all PNA member benefits including the Special Assistance Fund, loyalty programs, discounts and social activities.

They are also eligible to hold office in the PNA and serve on committees. We hope you will join us.

SPECIAL ASSISTANCE FUND

The Special Assistance Fund (SAF) helps CBC retirees, their spouses and dependents with health care expenses not covered by OHIP or the SHCP. It also offsets the cost of hearing aids and mobility devices. (There are some restrictions)

Contact the CBC PNA staff in Ottawa for eligibility requirements and help in applying. More information and application forms are on the PNA website.

www.cbcpensioners.ca

(Although CBC will no longer administer the fund, Canada Life is set to take over in January 2022.)

December, 2021



Kerry Adams, outgoing President: notes from the AGM

Before I give you my message for this year, I would like to take the time to say:

This year, as I step down as the president of the National Capital and Nunavut Region, I want to take the time to personally thank my entire Board of Directors for all of their mountains of tireless work. Especially during this trying time of covid 19.

Suzanne Cunningham our VP – for her tireless work on the surveys that we sent out, for the volumes of work in re-writing our by-laws and for being more than my right hand in running the day-to-day business of the National Capital and Nunavut Region.

Ann Vachon our Treasurer – For her tireless work on the books of the Region. For all of her reports and audits requested by the National Office. And for keeping us a viable financial entity.

Edith Cody-Rice our Secretary – for stepping into the position when it became vacant and for keeping all the minutes of all our meetings. For her invaluable help with the by-laws both Regionally and Nationally. And for her volumes of knowledge to keep me out of trouble.

Denise Genge Director of Social Events – for all of her work on this years July 1st quiz along with all the outings that we have had over the last 3 years, even though many were cancelled due to covid-19. And for setting up all of the details and paperwork needed for last years and this years AGM zoom meeting.

Ellen Chassé, Director – For stepping in to take over the publication of our “Communique” our lifeline to the members and for all of her expertise wherever and whenever needed.

Marie Jutras, Director – For all of her help in any area where she could she stepped up to do whatever she could.

These 6 people made this Region what it is today because of their tenacious and dedicated work.

I would also like to add to this list the name of Suzie Bougie Administrative Assistant in the National Office. Suzie has been extremely important to our Region. When we needed translations, mail outs, use of the Zoom account and a myriad of other things it was Suzie who we turned to.

To all of you, I offer my deepest gratitude



GOING AHEAD...

We have had an interesting year both Regionally and Nationally.

Regionally, this past year we were subjected to Covid -19 in a bigger way than we thought possible. As a result, our events, where we normally get together and meet up with old colleagues and friends, were stopped altogether. Due to various reasons, we have seen our Regional board shrink from 12 members down to 7 members.

Nationally, we have seen the CBC declare unilaterally that the MOA, which regulates the sharing of an eventual surplus of the Pension Plan, had expired in 2009. This position has been maintained in the mediation process that took place in November; this has led nowhere after three days and the mediation process has been suspended sine die; we expect the issue will go to arbitration at the end of February 2022. The CBC announced two years ago that it was no longer to administer the applications to the Supplementary Assistance Fund (SAF), administration which has eventually been given to Canada Life with the agreement of all parties. And most recently, the CBC disbanded the Employee Assistance Program National Board where the PNA had just appointed a new representative who had no chance of ever attending a meeting! The PNA President has sent an official letter to the VP, People and Culture on this issue and is waiting for an answer. The service will continue to be available to pensioners through the usual application process, which can be found on the PNA website in the members' section.

I see that there is now, more than ever, a very real need for the PNA. The National Officers along with the Regional Officers will have to work more than ever with the CBC just to remain where we are today. If we want to see progress with the CBC we will need to have more people involved with the PNA both Nationally and Regionally. We NEED you and others like you to step up and help us to see the changes, that we need, to move the PNA as a whole, forward. In many Regions we are seeing an increase in member apathy. New people are not getting involved or helping out. If this continues, then the PNA will disappear and you, the members will no longer have a voice at the discussion table. Over the past 3 years as president of the National Capital and Nunavut Region, we have seen the cost of our benefits reduce or remain the same. That is because the PNA was working to get these changes. Without the PNA this would not have happened.

So, I implore all of you to get involved in whatever way you can, be it Regionally or Nationally This is the only way to ensure our survival and maybe even help us to grow.

Communique



*In another of our stories about life after the CBC, meet **Hannah Hamsa**. Many of us knew her as Gail Hannah, but as you'll see, becoming a yoga devotee has brought changes to her life!*

Mornings in Vankleek Hill see people of all ages attending her yoga classes since before even leaving the CBC. In a recent story on CTV news some of her clients sang her praises: "We're very lucky to have her," "You can tell by the number that keep coming out that she's obviously very popular." "She's a great example of how to keep fit as you get older," "She's very inspirational, very well known in the area and everyone loves Hannah."

What retirement means...

Gratitude 25 years later for having the experience of 28 wonderful years with the Corporation in TV and radio starting with the ski report. Then, News, On the Road Again, Country Report, Hi Diddle Day, Switchback and Reach for the top, and a show called Something Else to name a few.

Memories of so many talented fellow team mates. Gratitude that all those upgrades never led me to a contract job. Can't imagine if that little pension wasn't coming in.

Hatha Yoga has always been there for over 6 decades. I did my beginner teacher training in Virginia with the Integral Yoga Institute 10

years before retiring. After retirement, I continued certifying for the Intermediate level and 8 months later to the Advanced. Did a handstand at 62!



The Yoga lifestyle has kept my body and mind strong, flexible, and lots of awareness of how to breathe. Yoga doesn't work on its own. Walking 150 minutes a week and weights for upper body

strength are also important to maintain balance and gait. To see a beginner walk through the door of my yoga class, I know in my heart something is going to change for them.

I have been with the University of Ottawa Heart Wise program for the past 10 years teaching yoga. One gentleman had a stroke and previously had 10 years of physio but nobody had encouraged him to walk. After a year or so he was climbing and going up and down two flights of stairs.

The most important thing in life is purpose.

Hi to all the beautiful souls I worked with who still have a place in my heart except the person who gave me Rusty the Rooster for my farm. He was a retirement gift. You got me there!



🤔 Hannah

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REMEMBERED FRIENDS



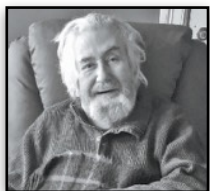
ANTONUCCI, Patricia (Trish) (nee Williams), on December 4th, 2021. Wife and cherished partner of Peter Antonucci, precious daughter of Elmer (Pete) and Henrietta Williams, she was treasured by her brother Peter and sister-in-law Carol Williams (Smith), loved by her nephew Peter Matthew Williams and niece Leanne Morris (Williams), and by her grand nieces and nephews; Peyton, Lucas, Rachel, Josh and Paxtyn. From Patricia's earliest days as a newborn in Chapleau, Ontario on March 4th, 1954, she grew up in a household filled with positive stimulation and character-building lessons. After attending Rideau High School and completing her formal education at Carleton University and Ottawa Teacher's College, Trish quickly translated her schooling and talents into what became a passion for public broadcasting and a valued career at CBC. Her clear thinking, collaborative nature, superior writing and strong communication talents led her up the ranks in human resource development to positions influencing the Corporation's workplace hiring, equity and behaviour policies programs. It also earned her the respect and trust of many colleagues who eventually became some of her dearest friends

DEXTER, Catherine Joan, March 28, 1935 - July 30, 2021

worked in forms control, Head Office

Joan was predeceased by the love of her life and husband of 66 years, Bill, just 13 months ago. Cherished Mom of Cathy Collyer (Gord), Steve, Kelly (Dave Massine), and Nancy Hansen (Norm). She helped raise our kids and made us lemon meringue pies whenever we needed one. No one could get higher peaks on their meringue like Mom.

Most devoted Nana to Tyler, Lindsay (Matt), Caitlyn (Ross), Brenna (Matt), Spencer (Emina), her best friend Sydney, Quinn, Olivia, Ellis, Ronan, Finn and Eli. Joan will be missed by her "baby brother" Earl. Joan was a shopper and a bargain hunter. She made the best donuts and meat pies. She could get the stain out of anything. She never said an unkind word about anyone. She believed in the power of prayer, in guardian angels, and in hanging the rosary beads on the clothesline for good weather. She forgave easily and encouraged us all to do the same. "Life is too short," she'd say. We are all richer for having had her as our Mom, our Nana and our friend.



HALL, David Maxwell 1934-May, 2021cameraman...National news

Died in Washington DC. David lived most of his life in Ottawa and worked as a cameraman for the CBC. In 1985 he moved to the U.S. to join the CBC's Washington Bureau covering both American politics and such conflicts as the wars in El Salvador and Nicaragua. A true Canadian, he returned home often and delighted in entertaining and cooking for family and friends at his cherished cottage. He is survived by his wife, their daughter and 6 children from a previous marriage as well as countless others who loved him dearly.

INSHAW, Nigel, 1944-2021staging CBOT/CBOFT

After a courageous battle with cancer, Nigel Inshaw passed away peacefully on October 27, 2021, surrounded by his family. Survived by his brother David, loving Father of Nick (Jennifer), Brittany, and Victoria (Brian), and cherished Granddad to Charlotte, Jackson, Knox, Jordan, and Holden. Nigel will be missed by many who will remember his love for the arts, literature, and English football.

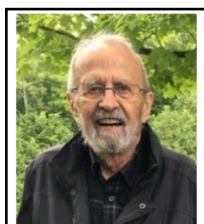


December, 2021



TURNER, Nancy died Monday, August 2nd, 2021 at 85. Producer CBOT.....Nancy was born in Quebec City and was a graduate of Carleton University. She joined the CBC in 1958 and worked as a Script Assistant on many of CBOT's pioneering programs – among them the station's first supper-hour current affairs show, Contact, with Les Lye, Emmett O'Grady and Maggie Morris; Afternoon Edition with Lloyd Robertson; The Conquest of Space with Percy Saltzman; Living with Elsa Pickthorne and, later on, Sunspots, the travel show featuring Nelson Davis. To these she added many other CBOT specials, as well as Generation, the show for seniors hosted by Eustace Jackson and a host of musical programs with local and national musicians in the mid-1970s. Nancy left the CBC in the late '70s to become a community programmer at the National arts Centre. In "real life", Nancy was a prominent contributor to the Ottawa theatre scene as the long-time president of the Orpheus Operatic Society and as a lighting or artistic director of many Orpheus musicals, including co-creating two original, mainstage reviews for that theatre company. Nancy was also a seminal figure in theatre for children and, following her time at the NAC, she ran the Ottawa Children's Festival at the Museum of Nature until 2000. She also produced the July 1st shows on Parliament Hill in the early '80s and several dinner theatre presentations at the Penguin Café on Elgin Street. Producer Rod Holmes, with whom Nancy worked extensively for most of her CBC career, remembers an incident he describes as "Pure Nancy". He sets the scene with the April, 1967, production of a live Sunday church service telecast in downtown Ottawa. The Orpheus production of West Side Story, for which Nancy was lighting designer, had just ended its run and the closing cast party – typically a fairly raucous affair – was held on the Saturday night. "The next morning at 8 o'clock, there was Nancy, still dressed in a full-length evening dress! I'll never forget it."

PIERCEY, Robin George March 24, 1937 – November 18, 2021...passed peacefully away on November 18th 2021 surrounded by his loving family. He is survived by his wife Donna Elaine and their four sons: Mark Leslie, Robin Eldon (Grozdana), Glen Andrew (Natasa) and Samuel James. Robin was the proud grandfather of their eight grandchildren. He is also survived by his only brother, Douglas Leslie (Frances) of Halifax, Nova Scotia. He started his career in journalism in St. John's in the CBC radio newsroom. Through his accomplishments in St. John's, he was hired to open the local radio news service in Ottawa which had previously aired 'rip and read copy' from the TV newscast. At that time, radio operated out of the 7th floor of The Chateau Laurier Hotel. It was an exciting place to be because of its central location and proximity to Parliament Hill where working in the Press gallery Robin was living his dream. After eight years, Robin moved to Vancouver and headed up the newsroom on the west coast. He reached the pinnacle of his career teaching Broadcast Journalism at British Columbia Institute of Technology. He spent the next eleven years passing on the lessons he'd learned from work he had done, places he'd been, people he'd met and experience he'd garnered. He brought to his students his people skills, his integrity, his knowledge of the industry, his enthusiasm for communication, his insistence on perfection, his love of his trade and his pride in them. He felt joy in their success and reward in their achievements.



ZEGIL, Ron.....Longtime CBC colleague died on November 24, 2021, in Regina, SK age 80 following complications after surgery. Ron is survived by his wife Jean McLuhan, children grandchildren sisters, nephews, niece, extended family and many friends. He had a voice made for broadcast and joined CBC in 1966 as an announcer/operator in Churchill. Ron hosted major current affairs programs and remote broadcasts, provided on-air stories for local and national news, produced network documentaries and trained new staff. Ron and his wife Olive raised Kim (born in Churchill) and Michael (born in Yellowknife) as Ron worked as an announcer/operator in Churchill, Yellowknife and Whitehorse and later moved into line management, where he performed all duties associated with managing a small radio station in Churchill and Yellowknife. Ron represented CBC to the public in the region and established community radio stations in remote settlements served by the region. Ron and his family moved to Ottawa in 1978, where he worked in human resources supporting the Northern Service. Ron moved to Calgary in 1986 in a human resources position at CBC Alberta.



December, 2021



NOT SO SOCIAL SCENE by Denise Genge

In the past our region's members had good times together at our AGM lunches, at spring gatherings, during winery tours or the sugar shack visit, at our Christmas celebrations, or pizza lunches at the Colonnade! We also had events in the past, that would be open to non-members and members, like our first Lunch and Learn for info on benefits and pension. That event was a great success from our side and feedback from our members!

In February 2020 came the first days and weeks of covid19. Social distancing quickly became part of our daily lives. We made the decision to cancel our second Lunch and Learn, which was to be Info on Traveling for seniors. Travelling was definitely not on anyone's mind.

It has been a struggle for the board to keep in contact with our members. Covid and ongoing circumstances have made it difficult for us to provide social activities. Our participation numbers are low, but we are trying our best to bring them back up! And we will continue to plan social events for you! We appreciate you taking the time to join us and enjoy seeing all of you on the Zoom screen! We hope that you can spread the word to other friends and old co-workers from your work days and encourage them to also join us and participate.

We always accept any ideas, comments, feedback at the cbcpna.ott.nun@gmail.com or contact anyone on the regional board.
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Canada Day Challenge Winners

We would like to thank the participants of the Canada Day Challenge. Although our Communique is distributed to all of our 500+ members, only 8 participated in the challenge, along with our regional board members. With 10 gifts and one extra participation gift, all 8 participants and 2 board members (highest scores) received a \$25 gift card. All the names were then entered for the participation gift card of \$50.

Here are our winners: With a perfect score of 14 pts was Tim Cairns...well done Tim!!

Next, with 13 pts, were Nathalie Bastien, Kathleen Hunt, Lyne Marcil and Paul Sharkey. This was followed by a score of 12.17pts for Marie-Paule Chartrand and a close 12 pts by Gaston J Robitaille, and rounding out the winners was Denis Ricard with 7pts. From our board members another perfect score of 14pts for Marie Jutras (good job Marie!!) and a 12pts from Kerry Adams, our regional president.

The winner of the participation draw was Kathleen Hunt.

Once again, to all our participants/winners thank you very much for participating!

CONTACT US:

Would you like to comment on this or anything else in the **Communiqué**?

We welcome letters to the editor.

Perhaps you have a story to tell – something from your days at CBC , some photos or something interesting you're doing now? Maybe you know of a CBC retiree with a skill to share? Or a retiree we should profile...let us know ...cbcpna.ott.nun@gmail.com should profile?

Maybe you know of a CBC retiree with a skill to share? Or a retiree we should profile? Let us know: cbcpna.ott.nun@gmail.com

**YOUR National Capital and
Nunavut Chapter EXECUTIVE
Officers:**

- **President** –Suzanne Cunningham
- **Vice-President** – vacant
- **Secretary** –vacant
- **Treasurer** –Ann Vachon

Directors at Large:

- Marie Jutras
 - Louise Petitcherc
 - Fran Cutler
 - Denise Genge (INTERIM)
- Newsletter Editor** – Ellen Chassé

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Know any ex-CBC'ers who aren't members of the PNA yet?

Please send this newsletter on to them and their spouses and encourage them to join.

**Happy
Holidays!**

