



LAST CALL >>> SPRING THING

Canadian Warplane Heritage Museum

Thursday, June 1, 2023

9280 Airport Rd, Mount Hope, Hamilton, Ont. L0R 1W0

11am Reception: coffee, tea & **50/50 raffle** sales till noon

12 noon Welcome & Lunch

1pm  **Ontario President Gail Carducci reports on the May CBC PNA national board meeting in Winnipeg**

1:15pm Door prizes:



4 \$25 Museum shop gift cards



4 Niagara wines



5 jugs of Jay's maple syrup

1:30pm Brief presentation by a museum rep, followed by a walk through the aircraft; experts on duty for questions

TICKETS \$22 EACH

Tickets must be bought in advance by a CBC PNA member
Pick up your prepaid tickets when you arrive at Registration

Cut-off date > May 18 - **Easy pay** > payghchapter@gmail.com

Mail > Cindy Beatty, 2716 Birch Cres., Mississauga, ON. L5J 4H1
(Make cheques out to Golden Horseshoe Chapter CBC PNA)

Regardless of your mode of payment, please advise Cindy of the names of guests for name tags - cbeatty7887@rogers.com



Harvard Buffet Lunch

Salad

Garden salad

Sandwiches

Deli sandwiches and wraps including an assortment of grilled chicken, cold cuts, vegan/vegetarian

Sides

Cheese and cracker platter

Vegetable and dip platter

Dessert

Freshly carved fruit display

Decadent sweets platter

Beverages

Water, soft drinks, coffee and tea

Driving directions from Toronto to the Canadian Warplane Heritage Museum in Hamilton - Approximately 80 km.

Take Gardiner Expressway/QEW/Hwy 403 West for about 70 km. to ON 6 South and exit toward Caledonia. Drive for about 9 km then turn left toward Hamilton Airport for about half a km. Then turn right on to Airport Road East. You'll see the Museum marked by a jet plane pointing into the sky.

Driving directions from Niagara Falls to the Canadian Warplane Heritage Museum in Hamilton - Approximately 80 km.

Take QEW toward Toronto for about 55 km. to the Red Hill Valley Parkway and exit toward Hamilton Airport. Drive for about 10 km., then continue onto the Lincoln M. Alexander Parkway West for about 5 km. Take the Upper James St. exit. Turn left onto Upper James St. for about 7 km. Take slight right onto Homestead Dr. for 1 km., then on to Airport Rd. You'll see the Museum marked by a jet plane pointing into the sky.

Free parking - Accessible

CBC dips into the pension plan surplus to enjoy another contribution holiday

By Dan Oldfield - PNA Rep,
Consultative Committee on
Staff Benefits

CBC'S Vice-President of People & Culture has released a statement about the status of the CBC Pension Plan (see below) where he acknowledges the Corporation will be taking another pension contribution holiday this year.

While Marco Dube paints the use of the expected latest windfall of \$53 million in glowing terms, what he neglects to acknowledge is the CBC's determined efforts to deny pensioners and employees any benefits of the plan's significant surplus. (Last year, the CBC used a \$43-million windfall to take a pension contribution holiday.)

In 2009, CBC signed a deal with its pensioners and the Unions agreeing to provide them with a share of future surpluses equal to any amount received by the Corporation. This will be the second year the Corporation has enjoyed a contribution holiday, which means the CBC



Marco Dube - CBC V-P



will have benefitted from nearly \$100 million dollars from the plan.

The CBC has reneged on its commitment to its 10,000 retirees and its employees. Rather than share in the positive performance of the plan it has instead spent hundreds of thousand of dollars fighting to deny them a benefit negotiated in good faith.

The CBC has always been able to do the right thing by its retirees and employees, but the current leadership has instead shown a callous disregard for the contributions made over the decades that have made CBC what it is.

The PNA has taken the fight to arbitration and we are currently awaiting a decision. So even though CBC management refuses to do the right thing, we are hopeful the decision by the Arbitrator will resolve the issue in our favour.

A new road map for the Ontario Region of the PNA

By Talin Vartanian

The word “bylaws” may seem like one of the most boring in the English language, but bylaws are an essential guide for an organization like the PNA. The Ontario Region Board of Directors recently approved an update and rewrite of its official bylaws, to ensure they are clear, consistent, and complete.

The rewrite includes the following significant changes:

Who will vote in future elections, and how: In the past, only members who attended the annual general meeting (AGM) during an election year were permitted to vote for the executive positions of president, vice president, treasurer, and secretary. Those who were unable to attend could vote by proxy. The revised bylaws include an electronic voting system that will allow all Ontario PNA members to vote, either online or by phone. Proxy votes are abolished, and the election will be held at least one week prior to the AGM.

Creation of an elections committee: The new bylaws entrench the importance of a committee to run the election, to ensure information is communicated to all members, and to address any complaints.

How delegates will be selected for the PNA triennial convention: The new bylaws establish guidelines for the selection of five members to represent the Ontario Region at the national convention. Members who wish to attend must submit a written expression of interest, and the Ontario Region Board will select the delegates, giving preference to Board members.

New for members living in York Region: Those living in York Region will be designated as Toronto members, unless they wish to belong to a different Chapter.

Many additional changes clarify language, establish guidelines for the frequency and notice of meetings, and deal with the structure and management of Ontario Chapters. Vice President Barbara Saxberg, who led this initiative, has ensured that all the proposed revisions comply with the PNA national bylaws.

Ontario’s new bylaws are now posted on the national website - <https://www.cbcpensioners.ca/> - and a printed copy is available to any Ontario member who sends a request to pnalivewire@gmail.com. The document will be subject to amendments at the Region AGM on Wednesday, October 11th. It then must be approved by the National Board of the PNA.

HEALTH & MEDICAL SCAMS

Watch out for magical cures that offer quick and easy fixes

Sound advice from the Little Black Book of Scams

<https://ised-isde.canada.ca/site/competition-bureau-canada/en/little-black-book-scams-2nd-edition>



There are fraudsters out there who hope to take advantage of people's suffering. The three most common types of health scams are miracle cures, weight loss programs and fake online pharmacies. In all cases, they often appear as sponsored posts on social media or website pop-ups.

Scammers offer products and services that seem to be legitimate alternative medicines and treatments that quickly and easily treat serious conditions. Some of these may seem to be endorsed by celebrities or promoted by testimonials of people claiming to have been cured.

Weight loss scams promise dramatic results with little to no effort. The scammers might promote unusual diets; revolutionary exercises; fat-busting devices; or breakthrough products, such as pills, patches or creams.

Fake online pharmacies offer drugs and medications at very cheap prices or without a doctor's prescription. They advertise on the internet and send spam emails. If you do receive the promised products, there is no guarantee they are the real thing or safe to take.

Tips to protect yourself:

1. Remember that there are no magic pills or miracle cures for achieving quick weight loss or treating medical conditions.
2. Don't trust claims about medicines, supplements or other treatments. Get the facts straight from your healthcare professional.
3. Never commit to anything under pressure, especially if a large advance payment or long-term contract is required.
4. Know that if an online pharmacy is legitimate, it will require valid prescriptions.

Be skeptical of celebrity endorsements or testimonials.

If you know of a CBC pensioner who is not a member of the PNA, please give them a copy of this enrolment form and encourage them to join.



**The CBC Pensioners
National Association**

Preserving our Future, Sharing our Past

**L'Association nationale
des retraités de la SRC**

Assurer notre avenir, partager notre passé

ENROLMENT FORM – RETIREE

Please print

Name			
Street	City	Prov.	Postal Code
Telephone	Email		

- I wish to join now** (please fill in the remaining sections of this form).
- I am uncertain about joining at this time. I understand that, with the information given above, a representative of Association may contact me and, upon request, provide assistance with the enrolment process.

I, _____, wish to join the CBC Pensioners National Association and hereby authorize the CBC to deduct monthly membership dues from my pension cheque and remit them to the Association. I also authorize the CBC to provide the Association with such personal information relating to me as the Association may require to facilitate the administration of dues and other services related to the welfare of pensioners.

All personal information provided to the Association by you or by the CBC is held in strict confidence.
Membership dues are 0.32% of a member's gross pension payment. For every \$1,000 of monthly pension, a member would contribute \$3.20.

CBC ID (See Notification of deposit, above your name)	Date of birth (dd/mm/yyyy)	Gender (optional)
Civil Status <input type="radio"/> Single <input type="radio"/> Married <input type="radio"/> Widow/er <input type="radio"/> Divorced <input type="radio"/> Separated <input type="radio"/> Common-Law		
Preferred language <input type="radio"/> English <input type="radio"/> French	Date of retirement (dd/mm/yyyy)	

Spousal information

Name			
Date of birth (dd/mm/yyyy)	Gender	CBC Employee <input type="radio"/> Yes <input type="radio"/> No	CBC Retiree <input type="radio"/> Yes <input type="radio"/> No

Signature Required

Date

This form can be mailed to:
The CBC Pensioners National Association
 P.O. Box 8570
 Ottawa, ON K1G 3H9

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Have you changed your E-mail address recently or perhaps set up an E-mail account for the first time?

If so, please let us know.

The same goes if you've changed your home address.