



# Contact NL Spring 2024

## **Welcome a new member to your executive in Newfoundland and Labrador**

When nominations closed in mid-March, Rod Etheridge was acclaimed as our new director at large on the regional executive. Rod replaces Kevin Hanlon, who is completing his second term and under the bylaws wasn't eligible to be nominated again. As well, Jon Soper and Debbie Hussey are returning for their second terms as president and secretary respectively. Vice-President Bob Sharpe and Treasurer Anne Budgell each still have a year left in their first terms.

## **Date set for our Annual General Meeting**

The region's annual general meeting will take place on Tuesday, April 30, 2024. It will be held in the Frances Lambe Room 2 at the Paul Reynolds Community Centre in St. John's. Lunch will be available at noon, with the meeting starting at 12:30 p.m. We'll also arrange for members to be able to dial in if they can't make it in person.

## **National triennial convention coming up in Ottawa**

2024 is a national convention year. The meeting is held every three years and is meant to be the main planning body for the Pensioners National Association. The regional executive selected Bob Sharpe to be our delegate. Jon Soper also will attend because as the retiree representative on the CBC Pension Board of Trustees, he already has delegate status. The convention takes place in Ottawa in mid-May.

## Facebook page makes a come back

Our regional [Facebook](#) page hasn't been very active for the past couple of years, but a request from Anne Fagan of the national Elections Committee prompted the executive to start a soft relaunch of the page. The trick will be to keeping it up to date with relevant information for members of the CBC pensioners association. We welcome their participation.

## 2023 Christmas lunch a hit with members

The weather cooperated to help make our Christmas luncheon a success in early December. Almost 90 members and guests were at the RCAFA Club for a turkey or salmon dinner. A few members who planned to be there couldn't make it, but volunteers stepped up to deliver their meals at home.



The Christmas luncheon was a wonderful chance for former co-workers to catch up.

## **BBQ season isn't far away**

We're planning a return to the RCAFA Club in Pleasantville, this time for a barbeque supper before people get too busy with summer vacations. It's set for Wednesday, June 19 at 5 p.m. We'll provide detailed information later, but you'll have a choice of striploin steak or chicken for \$15.

The BBQ also gives us the opportunity to announce this year's recipient of our \$500 Memorial Scholarship for 2024. The deadline for applications is May 31. All the information is available online [here](#), on Facebook or in the spring mailing.

## **Bowling and lunch**

The turnout was nothing like a BBQ or Christmas lunch, but we took up four alleys at Plazabowl in early March for some non-competitive bowling. Plazabowl has a completely new electronic scoring system, one that proved more challenging than the pins, but we eventually figured it out.



Comparing notes after the bowling and pepperoni pizza at Plazabowl.

## **Preserving our stories**

We haven't worked out the details, but your executive wants to start collecting some of the great stories that our members have to tell about their work at the CBC. We'd like to record retiree stories so that they can be used as podcasts and kept for archival purposes. If you'd like to share your stories or suggest a CBC retiree who has interesting stories to tell, let us know. Anne Budgell and Bob Sharpe are going to team up to help make this happen.

## **Potential insurance savings?**

Our national association has several affinity programs that could help members save money. With the rebranding of Anthony Insurance and Johnson's Insurance as bellairdirect, one member sent us a note about how she lowered her premiums. Here's part of it:

*Last week I received my home insurance renewal, which of course, had gone up in price. Yesterday, I received a notice from the CBC PNA that belairdirect is the association's "official partner."*

*I called belairdirect a few minutes ago. When I said I was a member of the Pensioners Association, my premium was recalculated and I'm now saving \$147/yr. I was told when my auto insurance renews in the fall, there'll be another discount applied, but not as much as with the home insurance.*

If you login to the PNA site, the affinity information is [here](#).

## **Pensioners Coalition meets with federal Seniors Minister**

Jon Soper represented our association when the [provincial pensioners coalition](#) met with the federal minister responsible for Seniors, Seamus O'Regan, in St. John's on March 13. The discussions included the need for a national seniors strategy, pharmacare, the implementation of a national dental plan, safe long-term care and the impact of ageism on older people in the workforce. The meeting lasted 45 minutes, but O'Regan agreed to meet again to discuss other important issues.

We hope to see you at our AGM and our BBQ.

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