

> Bulletin <

CBC pension surplus will be paid on July 30

By Dan Oldfield

PNA National President

The CBC pension surplus will be paid on July 30.

About \$129 million, representing the surplus payout for 2021 and 2022, will be distributed to approximately 20,000 eligible members. This includes pensioners, surviving spouses, deferred pensioners and employees. Individual amounts will be based on a percentage of lifetime pension contributions.

Eligible pensioners will be able to access their personalized pension surplus statement on the PAC website on July 8.

This will contain information on the amount to be received, how it was calculated, their lifetime contribution amount and a series of frequently-asked-questions.

If you have provided an e-



mail address to PAC, you will receive an e-mail notification when your package is available online.

If you have not provided an email address, the package will be mailed to you. It is possible that you may not receive it before payment is made.

We encourage all pensioners and surviving spouses to provide PAC with a current email address if you have one and ensure that your home mailing address is up to date.

Funds will be distributed to

eligible members in the same manner in which you receive your pension payments.

PNA staff will assist members with questions or comments, but we will not have details about individual payments.

If you have **questions regarding the amount you will receive**, we encourage you to call PAC:

In North America: 1 888 604 9258

Outside North America: +1 514 673 7669

If you have **not received payment**, contact the CBC Pension Payroll Department:

In North America: 1 888 688 6038

Outside North America: +1 613 288 6149

By e-mail
at pension@cbc.ca

The surplus payout does not include the surplus generated in 2023.



CBC Pension Administration Centre access instructions

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Your individual surplus information will be available on the CBC Pension Administration Centre website July 8: <https://www.pensionadmin-cbc-src.ca/>.

Here are details about how to set up your access if you haven't already done so, or to retrieve your password if you've forgotten it.

What is my identity number?

If you are an active employee, your CBC identity number is your current employee number.

If you are retired, you will find your identity number on your deposit notice or pension cheque or pension statement.

What is my initial password?

On your first visit to this site, or if your password has been reset, your temporary password will consist of your date of birth in the format YYYYMMDD, followed by the last three characters (letters or numbers) of your CRS ID number.



All letters in your initial password must be entered in uppercase.

Examples:

- If your date of birth is 12 March 1960 and your CBC ID number is 456A1B, your temporary password is 19600312A1B. Make sure you enter the letters in CAPITALS.



- If your date of birth is 12 March 1960 and your CBC ID number is 123456789, your temporary password is 19600312789.

Once you have entered the site, you will be prompted to replace your initial password with a combination of letters, numbers and characters. Simply follow the instructions on the screen.

How do I reset my password?

If you forget your password, you can answer your identification questions, which will reset your initial password (described earlier in the question "What is my initial password?").

Who can I call for help?

If your account has been locked or you are experiencing other difficulties accessing your account, contact the CBC Pension Administration Centre at 1-888-604-9258 (from Canada and the United States) or +1-514-673-7669 (from outside North America), Monday to Friday, between 9:00 a.m. and 6:00 pm Eastern Time.



🐾 Spring Thing 2024 at the Royal Botanical Gardens 🐾



Photos by Bob Waller

Dr. Brian Goldman diagnoses what's ailing health care in Canada

By Marie Clarke-Davies

The Golden Horseshoe Chapter's Spring Thing on May 29, 2024, was one of the most popular on record, attracting more than 60 attendees.

Held in the Great Room of the Rock Garden at the Royal Botanical Gardens in Hamilton, the event featured Dr. Brian Goldman.

As an emergency room physician, host of CBC Radio's *White Coat, Black Art* and author of several books, our speaker was clearly popular.

Dr. Goldman began his address by reviewing the toll of the Covid-19 pandemic on our healthcare system. And he reminded us that despite Covid receding from the headlines, we collectively need to keep our guard up to make sure that the healthcare system is prepared for the next pandemic.

That warning led to a discussion of what he believes is the biggest problem currently facing the healthcare system's ability to respond: a growing shortage of family practitioners. Dr. Goldman described it as a double-edged sword.



Photos by Ted Hackborn - Pages 4-7

While more and more Canadians are having problems connecting with a family doctor, fewer and fewer medical school graduates are choosing a career in family medicine. The blame is often placed on the cost and administrative burden that's currently involved in running a practice.

The result is a growing number of patients who lack a gateway to health care, which in turn leads to increased pressure on emergency departments.

While answering questions from the audience after his talk, Dr. Goldman acknowledged, for example, that he's seeing more patients being diagnosed with late-stage cancers in the ER.

One possible solution, Dr. Goldman suggested, would be to set up family healthcare clinics in neighbourhoods, in the same way that communities build schools to serve the local population.

The medical teams that work in the clinics, including doctors, nurses and dieticians, for example, would be employed in the same way that school boards employ teachers and administrative staff.

It would involve a radical re-think of the delivery of family health care. But sometimes, he pointed out, radical re-thinking is what's required.

After the talk, Brian autographed copies of his books for guests who had won them as door prizes.



First to lunch: the Plains Road Deli Buffet



Greetings from National VP Gail Carducci



Cathy Patton, Jay Mowat, Clare Booker. Jay brought maple syrup to give as door prizes.



Gail and Evelyn Bannister each took home some of Jay's artisan maple syrup

(L-R) Sybil

Terry,

Edwin

Terry,

Donna

Spevako,

Sandy

McKean





Cindy Beatty, Evelyn Bannister, Susan Cheung, Philip Samuels, and Sharon Easby



Wanda and Mark Punga



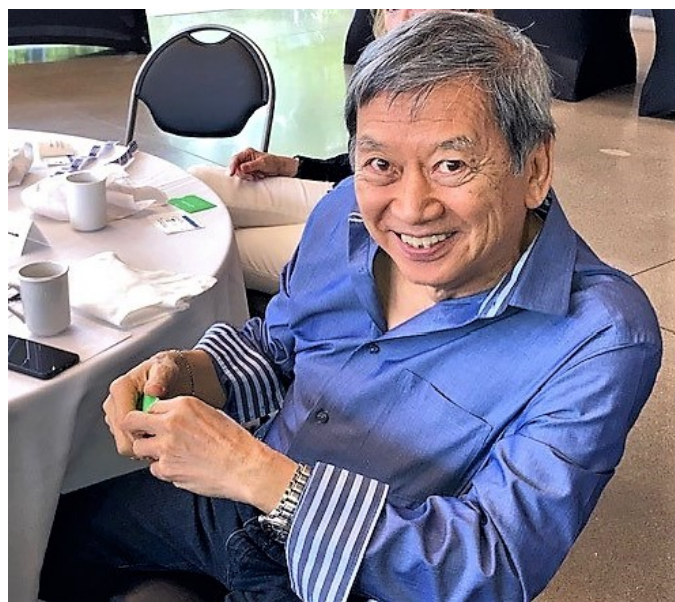
Sheila Manese and Lise Lareau



Sue Prestedge, Bridget O'Toole, Michael Burke, Charles Davies, John and Cathy McGrady



Lise Lareau won a \$25 RBG gift shop card



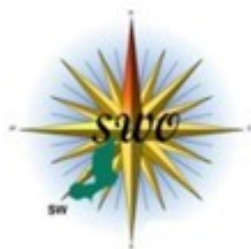
Phil Kawasoe



Joan and John McCord - she won a book



Philip Samuels won \$160 in the 50/50 raffle



SWO 2024

ANNUAL SUMMER BBQ

Our Famous Chefs Gerry & Manny have once again volunteered their grilling expertise! (Chef Pat, is always on standby!)

Saturday, July 20, 2024

3:00PM - ??

1342 Stuart Blvd, LaSalle

La Maison Menard (Gabe & Linda)

Directions – from central Windsor, take EC Row Expressway west to Matchette Road, turn left at the lights, go straight, and turn left on Stuart Blvd – it is the corner house 1342 Stuart Blvd, LaSalle

Your Chapter will provide the hamburgers, sausages, bottled water, soft drinks, etc.

A dessert or pre-BBQ snack is always welcomed – please remember to **bring your lawn chair.**

Dietary restrictions,

Please notify any Board member and we will take care of it!

FREE FOR ALL: SWO PNA Members, Associate Members, and their Guests – All others \$50. RSVP by email or telephone, if possible, to any one of the Board members. Questions please do not hesitate.

****THE BBQ WILL TAKE PLACE RAIN OR SHINE****

NOTE: A discussion will take place regarding changes, to our Chapter's subsidy recently enacted by the Ontario Region Board. Your voice will be very important on which future direction our Chapter will take.

Also, any Pension Surplus update, if any, will be announced.

The Southwestern Ontario Board

President: Gino Piazza (226-260-4110 ginojohnpiazza@gmail.com)
 Vice-President: Sandy Tymczak (519-948-4436 sandytymczak@hotmail.com)
 Secretary-Treasurer: Jackie Kervoelen-Chelsea (519-979-8147 jkervoelen2@gmail.com)
 Director: Gerry Goulet (519-300-5347 ggoulet8@gmail.com)
 Director: Manny Pacheco (226-347-1110 manny.pacheco@outlook.com)
 Director: Phil Peck (519-990-4941 ppeck@kelcom.net)
 Director/Past President: Gerald Head (519-995-0345 gercarhead@gmail.com)
 Director: Kim Kristy (519-981-0849 canarts.kim@gmail.com)

We were the first and are the longest-serving Chapter within the PNA organization.



**The CBC Pensioners
National Association**

Preserving our Future, Sharing our Past

**L'Association nationale
des retraités de la SRC**

Assurer notre avenir, partager notre passé

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ENROLMENT FORM – RETIREE

Please print

Name			
Street	City	Prov.	Postal Code
Telephone	Email		

☐

I wish to join now (please fill in the remaining sections of this form).

☐

I am uncertain about joining at this time. I understand that, with the information given above, a representative of Association may contact me and, upon request, provide assistance with the enrolment process.

I, _____, wish to join the CBC Pensioners National Association and hereby authorize the CBC to deduct monthly membership dues from my pension cheque and remit them to the Association. I also authorize the CBC to provide the Association with such personal information relating to me as the Association may require to facilitate the administration of dues and other services related to the welfare of pensioners.

All personal information provided to the Association by you or by the CBC is held in strict confidence.

Membership dues are 0.32% of a member's gross pension payment. For every \$1,000 of monthly pension, a member would contribute \$3.20.

CBC ID (See Notification of deposit, above your name)	Date of birth (dd/mm/yyyy)	Gender (optional)
Civil Status <input type="radio"/> Single <input type="radio"/> Married <input type="radio"/> Widow/er <input type="radio"/> Divorced <input type="radio"/> Separated <input type="radio"/> Common-Law		
Preferred language <input type="radio"/> English <input type="radio"/> French	Date of retirement (dd/mm/yyyy)	

Spousal information

Name			
Date of birth (dd/mm/yyyy)	Gender	CBC Employee <input type="radio"/> Yes <input type="radio"/> No	CBC Retiree <input type="radio"/> Yes <input type="radio"/> No

Signature Required

Date

This form can be mailed to:
The CBC Pensioners National Association
P.O. Box 8570
Ottawa, ON K1G 3H9

Golden Horseshoe Chapter Executive



Bob Waller

President

905-278-1267

bobbywaller@hotmail.com



Marie Clarke-Davies

Vice-President

416-529-8294

marie.clarke.davies@gmail.com



Cindy Beatty

Treasurer

905-823-7887

cbeatty7887@rogers.com



David Knapp LVO

Immediate Past President

905-331-5435

dknapp@cogeco.ca



Bridget O'Toole

Secretary

437-778-0472

bridget.otoole53@gmail.com



Toni Tosti

Director

289-213-8547

tonitosti01@gmail.com

If you've changed your Email address recently or set up an account for the first time, please let us know. The same goes if you've changed your home address or phone number.